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* The BCM Edge *
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PRIMARY STUDENTS CRAFTED ECO-FRIENDLY BAGS UNDER SWACHHTA HI SEWA







Carrying forward the spirit of Swachhta Hi Sewa Abhiyan, the school organized a vibrant Paper Bag Making Activity for classes II to V. The activity aimed at spreading awareness on reducing plastic use while inspiring students to adopt sustainable alternatives.

Armed with sheets of paper, Fevicol, ribbons, and endless imagination, students enthusiastically crafted beautiful and reusable paper bags. The smiles on their faces reflected not only joy in learning but also pride in contributing to a greener planet. Teachers guided the children, emphasizing how small steps like switching to paper bags can create big impacts for the environment.

The day ended with a powerful pledge by students to say 'No to Plastic' and to champion eco-friendly living in their daily lives.

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HONORING EXCELLENCE

ACADEMIC EXCELLENCE AWARDS 2025



PRINCIPAL :

DR. VANDNA SHAHI

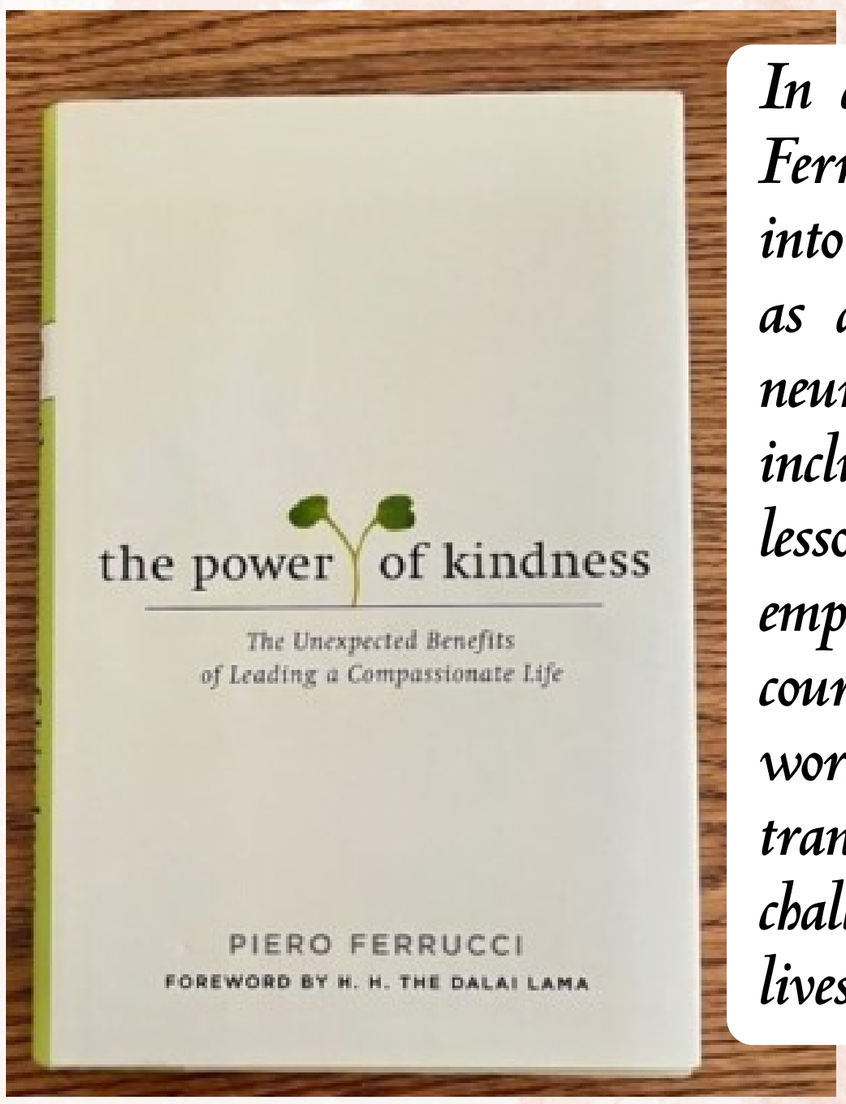


TEACHERS ;

NISHAD SHARMA , SURPINDER KAUR

ARUNPREET KAUR

BOOK RECOMMENDATION :
THE POWER OF KINDNESS



In a world where kindness is often misconstrued as weakness, Piero Ferrucci's book'The Power of Kindness' offers a profound investigation into the transformative power of kindness. Drawing from his experience as a psychotherapist and knowledge of ancient wisdom and modern neuroscience, Ferrucci reveals kindness as a constellation of strengths, including empathy, patience, and generosity. The book highlights five key lessons: kindness is a muscle that can be cultivated through practice; empathy deepens our humanity; kindness nourishes our inner peace; courage and kindness are intertwined; and kindness is contagious and world-shaping. By embracing kindness, we can create a ripple effect that transforms our relationships, communities, and world. Ferrucci's work challenges us to make kindness the rule, rather than the exception, in our lives, and imagine the profound impact it could have on our world.

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BCM DUGRI'S VIBRANT CELEBRATIONS:

EMBRACING CULTURE AND VALUES

THE SCHOOL RECENTLY MARKED TWO SIGNIFICANT OCCASIONS WITH GREAT ENTHUSIASM AND FERVOR – DUSSEHRA AND GANDHI JAYANTI







The Kindergarten School organized a vibrant Dussehra Fair , which featured a variety of engaging stalls, each attracting enthusiastic visitors. Children came beautifully dressed up as the Characters of Ramayana . This festive occasion promoted cultural awareness, appreciation, and unity among students, highlighting the triumph of good over evil and the importance of cultural heritage.

A special assembly and Swachhata Abhiyan was also conducted to commemorate Gandhi Jayanti , where students learnt about Mahatma Gandhi's teachings on peace, non-violence, and cleanliness. Through an enactment of the three wise monkeys– students gained valuable lessons on self-discipline, simple living, equality, and social justice.

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Primary Wing

On Gandhi Jayanti, the primary wing students participated in 'Spin the Wheel' activity, sharing insights into Gandhiji's life and values, and reflected on the principles of the three wise monkeys and their relevance in daily life. Additionally, students brought Dussehra to life with an inspiring presentation, highlighting values like unity, courage, sacrifice, and righteousness from the Ramayana, and emphasising the triumph of good over evil.

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Middle Wing







As part of the Gandhi Jayanti and Dussehra celebrations, the middle wing students were engaged in thought-provoking activities that brought the values to life. Through interactive exercises like spinning the 'Charkha of Values', bursting balloons symbolising modern-day evils, and collaboratively creating a 'Tree of Values' with sketches and collages of modern-day heroes, students reflected on essential virtues such as truth, non-violence, discipline, patience, courage, and respect. These activities helped them connect ethical values to everyday life, reinforcing the timeless message that good ultimately triumphs over evil.

Both events filled the campus with festive joy and inspired students to embrace the values of truth, peace, and righteousness.

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STUDENT CORNER



IMAGINATION IS THE BEGINNING OF CREATION.

YOU IMAGINE WHAT YOU DESIRE,

YOU WILL WHAT YOU IMAGINE,

AND AT LAST, YOU CREATE WHAT YOU WILL.

This quote is most suitable to our little artist Prabhnoor Kaur (VII Daisy), who embodies the spirit of creativity in every sense. For her, creativity is not just an activity—it is a way of thinking, exploring, and expressing oneself. She finds joy in bringing ideas to life through various forms of art, whether it's sketching, painting, or working on hands-on projects. Each piece she creates is a reflection of her imagination and passion. Prabhnoor enjoys working with simple materials and turning them into meaningful creations, seeing each activity as an opportunity to try something new and think differently. Creativity is also a powerful tool for problem-solving for her, encouraging innovation and confidence. Through her creative journey, she aims to contribute not just artwork but a spirit of originality and hard work to her school environment.

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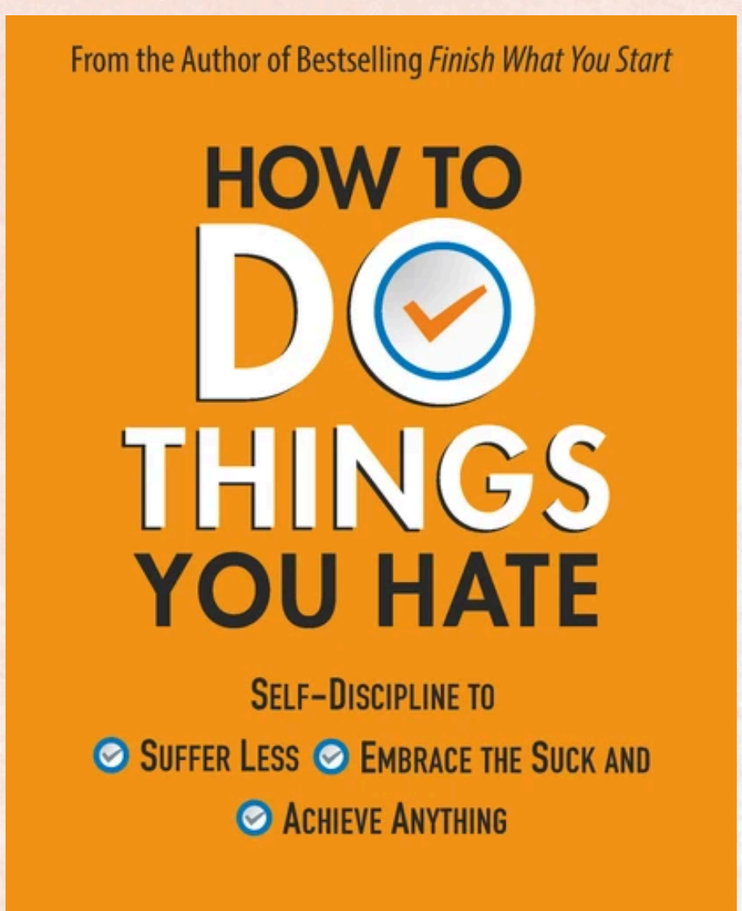
BOOK RECOMMENDATION :
'HOW TO DO THINGS YOU HATE'



"How to Do Things You Hate" by Peter Hollins is a game-changer for anyone struggling with procrastination and aversion to certain tasks. The audiobook's engaging narrative style makes the topics relatable and accessible. Key takeaways include accepting discomfort as part of growth, breaking down daunting tasks, finding your 'why', setting clear boundaries, reframing negative thoughts, seeking support, and celebrating small wins. These practical strategies can help anyone overcome obstacles and build resilience. By applying these lessons, readers can develop a more positive mindset and approach challenging tasks with renewed energy and motivation. The book is a valuable resource for anyone looking to overcome procrastination and achieve their goals.

THOUGHT OF THE DAY

In mediocrity, there is comfort, but no joy. In going beyond your limits, there is joy, but maybe no comfort. You have to choose.

WORD



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EXPLORING PLACE VALUE WITH HOOP AND BEADS ACTIVITY





The 'Hoop n Beads' Abacus activity for Class I students was conducted in the classroom, featuring active participation from learners. Students were assigned roles representing Hundreds (H), Tens (T), and Ones (O) and stood in designated positions with placards displaying their respective place values. To demonstrate number formation, a student displayed a number card, and the H, T, and O students collectively illustrated the number. Colorful rings on the floor enhanced the interactive and engaging nature of the activity. The objective was to provide students with a clear understanding of place value in mathematics, enabling them to gain practical knowledge of how numbers are formed and represented in terms of HTO. The interactive and engaging nature of the activity made learning fun and meaningful, setting strong foundation for future mathematical concepts.

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"MONEY MANIA MARKET" AT BCM DUGRI









The young learners of BCM Dugri stepped into a world of fun, learning, and excitement through the engaging activity "Money Mania Market." Children enthusiastically played the roles of shopkeepers and customers in a lively mini-market setup. Using play money, they bought and sold items such as fruits, toys, and stationery, while practicing counting, addition, and subtraction.

The activity not only made the concept of currency and calculations interesting but also helped the children build real-life skills of money management, decision-making, and smart spending. Through this playful experience, learning turned into a joyful journey, sparking confidence and creativity in every child.

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MASTER SESSION ON AI IN MOTION EXCLUSIVELY FOR BCM DUGRI









The School believes in nurturing students' growth through immersive experiences that transcend conventional classroom boundaries.In this pursuit, the school organised an exclusive master session for Class IX students in collaboration with MAAC Ludhiana, featuring the distinguished Mr. Vijay Shah, Director of Design n Media at Physics Wallah.

The session was an exclusive 1-hour program designed for students, offering them a unique opportunity to gain valuable insights. The focus remained on future careers in the AVGC–XR industry, guiding students toward the possibilities that lie ahead in this rapidly growing field. Additionally, the session emphasized the exploration of AI in Motion and creative technologies, inspiring young minds to understand and embrace the innovations shaping the future.

The workshop provided students with first-hand exposure to emerging career pathways beyond conventional streams, encouraging them to think beyond traditional choices. Moreover, the session offered a deeper understanding of the AVGC–XR industry's impact in shaping New India, highlighting its potential to redefine future opportunities.

Overall, this unique workshop opened doors for students to explore the future of creativity, technology, and innovation, empowering them to envision possibilities in industries where imagination meets cutting-edge science.

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Alumni Corner

GULSHEEN KAUR'S JOURNEY TO INTERIOR DESIGN ENTREPRENEURSHIP



Gulsheen Kaur, an alumna of the Arts stream (2017-18), has carved a remarkable path in the field of interior design. Balancing over four hours of entrance exam coaching with schoolwork, Gulsheen pursued her passion for interior design with perseverance. After completing higher education in 2018, she joined college and started freelancing in her second year to ensure financial independence. Through nearly five years of hands-on learning via jobs and freelance work, Gulsheen founded her own interior design and Vastu consultancy firm, Spaces by Sheen, two years ago. Despite challenges, her entrepreneurial journey has been rewarding, with successful project handovers and currently managing over 10 ongoing projects across India and Canada. From chasing a dream as a student to leading a pan-India practice with global footprints, Gulsheen's journey exemplifies turning challenges into opportunities.

STUDENTS CORNER

ਹੜ੍ਹ 'ਤੇ ਪੰਜਾਬ

ਡੁੱਬ ਗਿਆ ਪੰਜਾਬ ਸਾਡਾ,
ਖੋਲਿਆ ਡੈਮ ਦਾ ਗੇਟ ਕਾਹਦਾ।
ਬਚਿਆ ਨਾ ਕੋਈ ਖੇਤ ਸਾਡਾ,
ਖੋਲਿਆ ਡੈਮ ਦਾ ਗੇਟ ਕਾਹਦਾ।

ਭਰਗੇ ਅਥਰੂ ਵਿੱਚ ਉਨਾ ਅੱਖਾਂ ਦੇ,
ਪਸ਼ੂ ਰੁੱਲ ਗਏ ਉਹਨਾਂ ਦੇ,
ਜਿਨਾਂ ਨੇ ਭਰੇ ਢਿੱਡ ਸੀ ਸਾਡੇ।
ਭਰ ਗਿਆ ਪਾਣੀ ਵਿੱਚ ਉਨਾ ਖੇਤਾਂ ਦੇ,
ਜਿਹਨਾਂ ਨੇ ਘਰ ਚਲਾਏ ਕਿਸਾਨਾਂ ਦੇ।



ਅਸਰੀਤ ਕੌਰ
VII DAISY

ਸਰਕਾਰ ਨੇ ਨਾ ਕੀਤਾ ਕੁਝ,
ਗਿਆ ਇਹਨਾਂ ਵੱਲੋਂ ਉਮੀਦ ਦਾ ਦੀਵਾ ਬੁੱਝ।

ਕੀਤੀ ਮਦਦ ਪੰਜਾਬੀਆਂ ਨੇ ,
ਭੇਜ ਰਾਸ਼ਨ ,ਦਵਾਈਆਂ ਅਤੇ ਚਾਰਾ।
ਕੀਤੀ ਮਦਦ ਕਲਾਕਾਰਾਂ ਨੇ,
ਗੋਦ ਲੈ ਪਿੰਡ ਬਣਾਉਣ ਨਾਲ ਦੁਬਾਰਾ।

ਹੋਈਏ ਇੱਕ ਮੁੱਠ ਚੱਲੋ, ਬਣਾਈਏ ਦੁਬਾਰਾ
ਆਪਣਾ ਪੰਜਾਬ ਚਲੋ।

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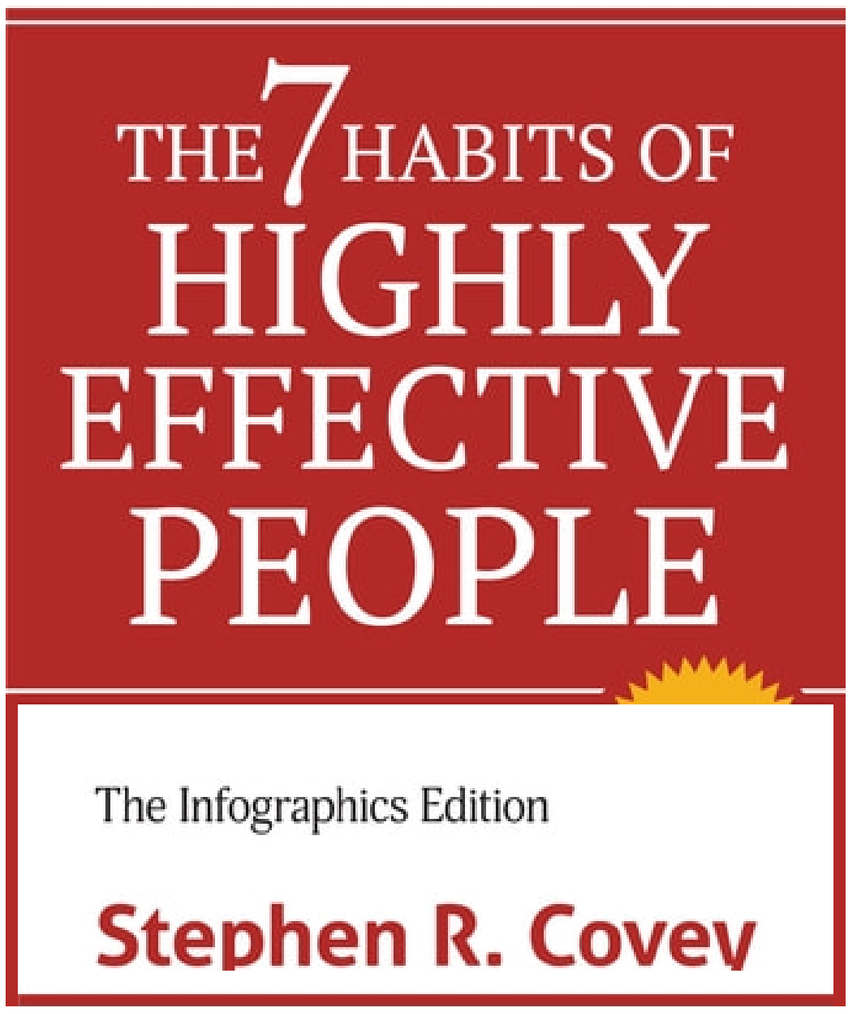
BOOK RECOMMENDATION :
'THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE'



'The 7 Habits of Highly Effective People' is a classic book offers practical advice on how to become more effective in personal and professional life. Three core lessons from the book stand out: being proactive, beginning with the end in mind, and putting first things first. Being proactive means taking ownership of your life and choices, rather than blaming external circumstances. Beginning with the end in mind emphasizes the importance of clarity and purpose, defining values and goals, and aligning daily actions with long-term vision. Putting first things first teaches effective time management and prioritization, focusing on what's truly important rather than just urgent. By applying these habits, individuals can achieve greater effectiveness, reduce stress, and improve their overall well-being. This book is a valuable resource for anyone seeking to improve their personal and professional life.

THOUGHT OF THE DAY

I FALL, I RISE,
I MAKE MISTAKES,
I LIVE, I LEARN,
I'VE BEEN HURT
BUT I'M ALIVE.
I'M HUMAN,
I'M NOT PERFECT
BUT I'M THANKFUL.

via thisjustlifequotes.com

WORD

Affirm

Meaning :

Confirm with confidence

दावे के साथ कहना

Synonyms:

confirm, assert, declare

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MATHS SEQUENCE TRAIN ACTIVITY



To strengthen number sense and enhance logical thinking, a Maths Sequence Train activity was organised for UKG students. In this engaging activity, children were given sets of 'before' and 'after' numbers and had to identify and place the missing number in between to complete the sequence. The activity helped students practice serial counting and boosted their confidence in recognising number patterns. Learning in the form of a train made the teaching interactive and enjoyable, as children enthusiastically participated and correctly completed the number sequences. It was a fun-filled learning experience, encouraging students to think critically while enhancing their mathematical skills.

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"YOUNG SHARKS IN ACTION – BAGLESS DAY FOR CLASS IV









The young innovators of Class IV celebrated an exciting Bagless Day Activity under the theme 'Little Sharks Big Sparks. The day aimed to nurture entrepreneurial spirit, creativity, and confidence among students through fun-filled and interactive activities.

Children entered the 'Idea-to-Item Zone'" where they designed DIY products with imagination and skill. At 'Creative Canvas'", they created attractive posters and advertisements to market their ideas. The stage sparkled with the 'Mini Actor's Arena', where little entrepreneurs presented their one-minute pitches with flair and confidence.

The journey continued at 'Math Mart – The Trading Trail', where students practiced trading and smart calculations, followed by 'Click to Cart' , where orders were placed for their innovative items. The day concluded with a thoughtful 'Reflection Circle', where children shared their learnings, highlighting teamwork, creativity, and problem-solving skills.

This Bagless Day not only made learning joyful but also inspired children to dream big and believe in the power of their ideas.

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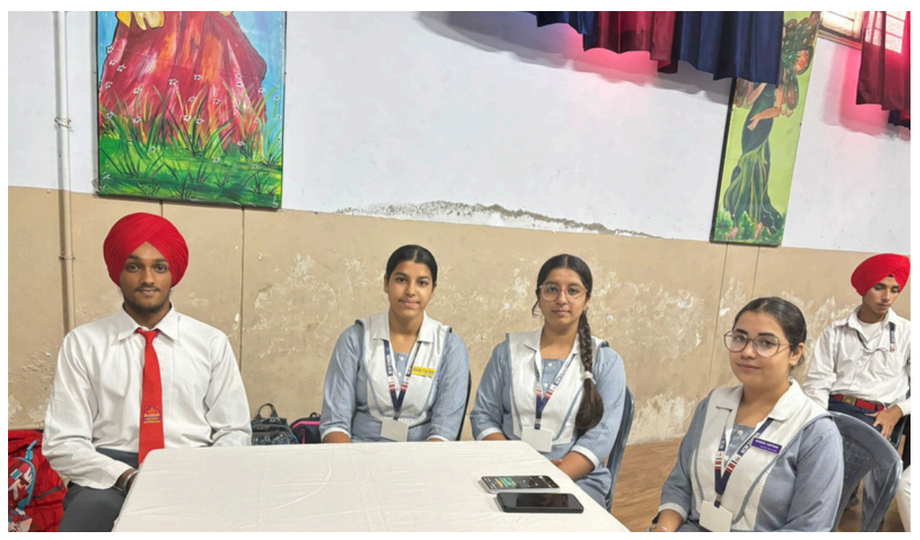
ADTOON CHALLENGE BY BUSINESS CLUB AT BCM DUGRI









The Business Club the school organised an Inter-House Adtoon Challenge for the students of Classes XI and XII. Four teams — The Admakers, Marketing Wizards, Market Masters, and The Ad Squad — representing the four houses Pukhraj, Kohinoor, Shalimar, and Gulmohar respectively, participated with great enthusiasm.

The event featured two engaging rounds. In the Caption Writing Round, participants were shown an image and asked to create a catchy and meaningful caption. The second round, Webtoon Advertisement, tested their creativity and marketing flair as they designed innovative advertisements using AI tools for products allotted through a chit-pick system.

An Award Ceremony followed the competition, graced by the School Principal, Dr. Vandna Shahi, who declared the results based on creativity, originality and presentation. Shalimar House bagged the First Position, Pukhraj House stood Second, while Gulmohar and Kohinoor Houses jointly secured the Third Position.

The event provided a valuable platform for students to express themselves and learn from each other, and we look forward to more such initiatives in the future.

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ALUMNI CONNECT



A Proud Moment for BCM Family!

We are delighted to share the remarkable achievement of our distinguished alumna, Ms. Muskaan Chawla, a Commerce stream student from the batch of 2016–17. Muskaan has recently earned the esteemed title of Associate Member of The Institute of Company Secretaries of India (ICSI) — a milestone that reflects her perseverance, dedication, and professional excellence.

After successfully completing her professional training with Reliance Retail Limited, Muskaan has showcased exceptional skill and commitment in the field of Company Secretaryship. Her journey stands as a shining example of how determination, discipline, and focused effort can transform aspirations into accomplishments.

The BCM family extends heartfelt congratulations to Muskaan on this outstanding success and wishes her continued growth and achievements in all her future endeavors. Her accomplishment serves as a beacon of inspiration for our current students — reminding them that with hard work and passion, no dream is too far to achieve.

STUDENTS CORNER

THE ONLY CONSTANT

NO ONE IS PERMANENT,
NO ONE IS IMMORTAL.
AFTER DEATH, NO ONE WILL GO ALONG
TO GIVE SUPPORT
TO BE HELPFUL
TO BE SAFEGUARD
& TO SAVE FROM THAT SITUATION.
THE THING THAT WILL HELP YOU IS
YOUR DEEDS .

EXCEPT FOR THE ALMIGHTY
NO ONE IS TRULY OURS.
NEITHER FATHER, NOR MOTHER,
NEITHER SISTER, NOR BROTHER,
NEITHER RELATIVES, NOR FRIEND.
EVERYTHING WOULD BE LOST TILL THE
END.



BUT STILL NO ONE IS 'OTHER',
IF WE CHANGE OUR VISION.
EVERYTHING IS GOD'S CREATION,
NO ONE IS ENEMY, NO ONE IS OUTSIDER.
EVERYTHING HAS A RELATION WITH US.

~ BALRAJ SINGH

X TULIP

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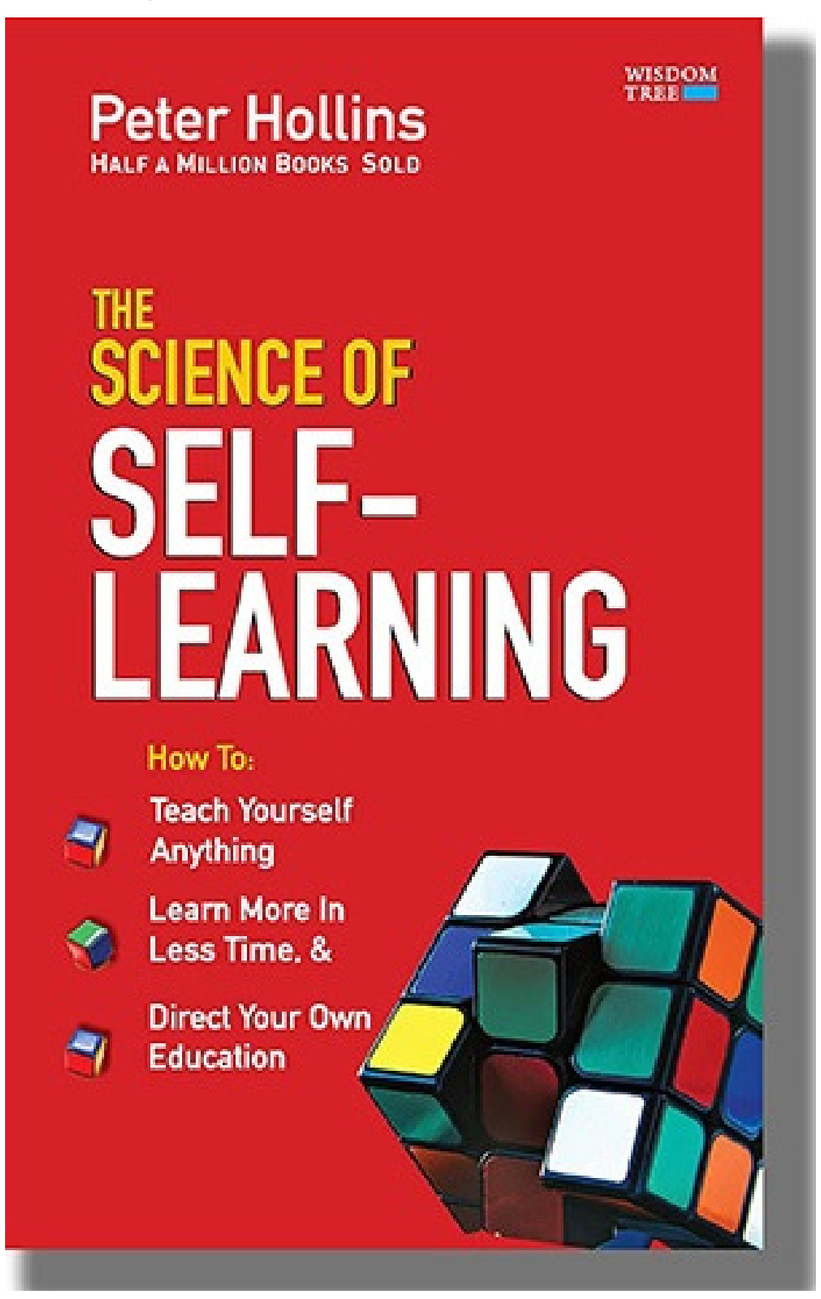
BOOK RECOMMENDATION :

'THE SCIENCE OF SELF-LEARNING'



'The Science of Self-Learning' by Peter Hollins is a valuable resource for mastering autonomous education. The book highlights the importance of self-learning in today's fast-paced world and provides practical strategies to enhance learning effectiveness. Key takeaways include cultivating curiosity, active engagement, self-discipline, metacognition, deep learning, practice retrieval, chunking, embracing mistakes, building associations, and adopting a lifelong learning mindset. By applying these principles, individuals can take ownership of their education, becoming more empowered, confident, and adaptable. This book offers insights and tools for anyone seeking to improve their learning abilities and achieve personal and professional success.

THOUGHT OF THE DAY



WORD



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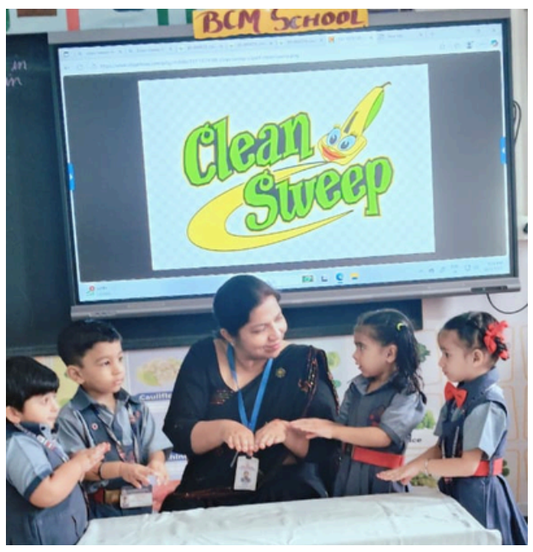
CLEAN SWEEP DAY: BUILDING HEALTHY HABITS







The Nursery class celebrated Clean Sweep Day, focusing on personal hygiene and cleanliness. Students participated in a fun-filled .The Nursery class celebrated Clean Sweep Day, focusing on personal hygiene and cleanliness. Students participated in a fun-filled session where their nails, teeth, and school bags were checked, learning the importance of trimming nails, brushing teeth, and keeping belongings clean. This activity helped them develop self-care skills and understand the significance of maintaining personal hygiene, promoting a positive impact on their overall well-being and shaping them into responsible and healthy individuals.

LEARNING TOOK A FUN TURN – STUDENTS ENJOYED A LIVELY PRONOUNS DICE ACTIVITY!





Circle Time was turned into a joyful learning carnival as Class V students participated in an exciting Pronouns Dice Activity. The innovative session aimed to strengthen students' understanding of pronouns through play-based learning and peer interaction.

As the colorful dice rolled, students eagerly took turns to form sentences, identify pronouns, and correct each other in a spirit of teamwork and laughter. This hands-on activity transformed grammar practice into an engaging experience, helping children understand personal, possessive, and demonstrative pronouns in a fun and memorable way.

The classroom buzzed with enthusiasm as students displayed confidence, collaboration, and creativity while reinforcing important language concepts. Such interactive sessions not only make learning enjoyable but also nurture communication skills, critical thinking, and love for language among young learners.

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ECHOES OF EXCELLENCE

IGNITE EVENT 2025 GNIMT COLLEGE, MODEL TOWN

Event : Logo designing

Ikjot Singh, XII- Com B

Position : 2nd Prize



Event : Bollywood Song

Mannat, XI Arts A

Japreet, XI Science B

Diksha, XII Science B

Just Simran, XII Commerce B

Taranjot, IX Daisy

Position : 2nd Prize



Event : Collage Making

Vikruti, XI Commerce B

Position: 2nd Prize



Event : Test your Python Skills

Anshika Garg XI Science B

Position: 3rd



Event : LSSC Punjabi Declamation Contest, Baba Ishar Singh Public School

Navleen Kaur , XII Commerce B

Position : 1st Prize



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NATIONAL FOOD SECURITY ACT:

A STEP TOWARD ENDING HUNGER IN INDIA



MR GURPREET SINGH
PGT COMMERCE

In a country where millions still struggle to secure their next meal, the National Food Security Act (NFSA) stands as one of India's most ambitious efforts to ensure that no citizen goes hungry. Enacted by the Parliament of India in 2013, the Act aims to provide food and nutritional security by guaranteeing access to quality food at affordable prices for a majority of the population.

Background

Since independence, ensuring food security has been a central part of India's development journey. Despite major agricultural progress, hunger and malnutrition have persisted as serious challenges. To address these issues, the government introduced the NFSA, which was passed by both houses of Parliament in 2013 and came into force on July 5 of that year. By 2016, the Act had been implemented across all states and union territories.

What the Act Promises

The NFSA covers 75% of the rural population and 50% of the urban population under the Targeted Public Distribution System (TPDS). Each eligible person is entitled to 5 kilograms of food grains per month at highly subsidized rates — ₹3 for rice, ₹2 for wheat, and ₹1 for coarse grains.

The Act also pays special attention to women and children. Pregnant women and lactating mothers are entitled to a free meal during pregnancy and up to six months after childbirth, along with maternity benefits worth ₹6,000. Children aged six months to six years receive free, nutritious meals through anganwadi centres, ensuring early nutritional support.

To improve accountability, the Act requires the establishment of a grievance redressal mechanism at district and state levels, enabling citizens to raise complaints about the scheme's implementation.

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Hurdles in Implementation

While the NFSA has been a game changer in many ways, its rollout has not been without obstacles.

Identifying the right beneficiaries remains a major challenge, with variations in state-level criteria leading to both inclusion and exclusion errors.

Additionally, leakages and diversion of food grains continue to plague the public distribution system, resulting in many eligible families missing out on their entitlements.

Concerns have also been raised about the quality of food grains and the lack of proper storage and transport infrastructure to support the scheme effectively.

To address these issues, the government has increasingly turned to technology, such as biometric identification and computerised tracking systems, to reduce corruption and ensure that food reaches the right people.

Visible Impact

Despite the challenges, the NFSA has made significant strides in reducing hunger and improving nutrition. India's position in the Global Hunger Index improved from 102 in 2019 to 94 in 2020, reflecting progress in ensuring access to food for the poor and vulnerable.

The Act has also strengthened the safety net for women and children, helping improve maternal health and child nutrition outcomes in several states.

The Road Ahead

The National Food Security Act remains a cornerstone of India's fight against hunger. It has ensured that millions of people, especially in rural and economically weaker communities, no longer have to choose between feeding their families and meeting other basic needs.

However, experts stress that for the Act to achieve its full potential, the government must address loopholes in beneficiary identification, improve infrastructure, and maintain strict oversight to prevent leakages.

As India continues its journey toward inclusive development, the NFSA serves as both a reminder of how far the nation has come — and how much more remains to be done — to guarantee that every citizen has the right to food and nutrition.

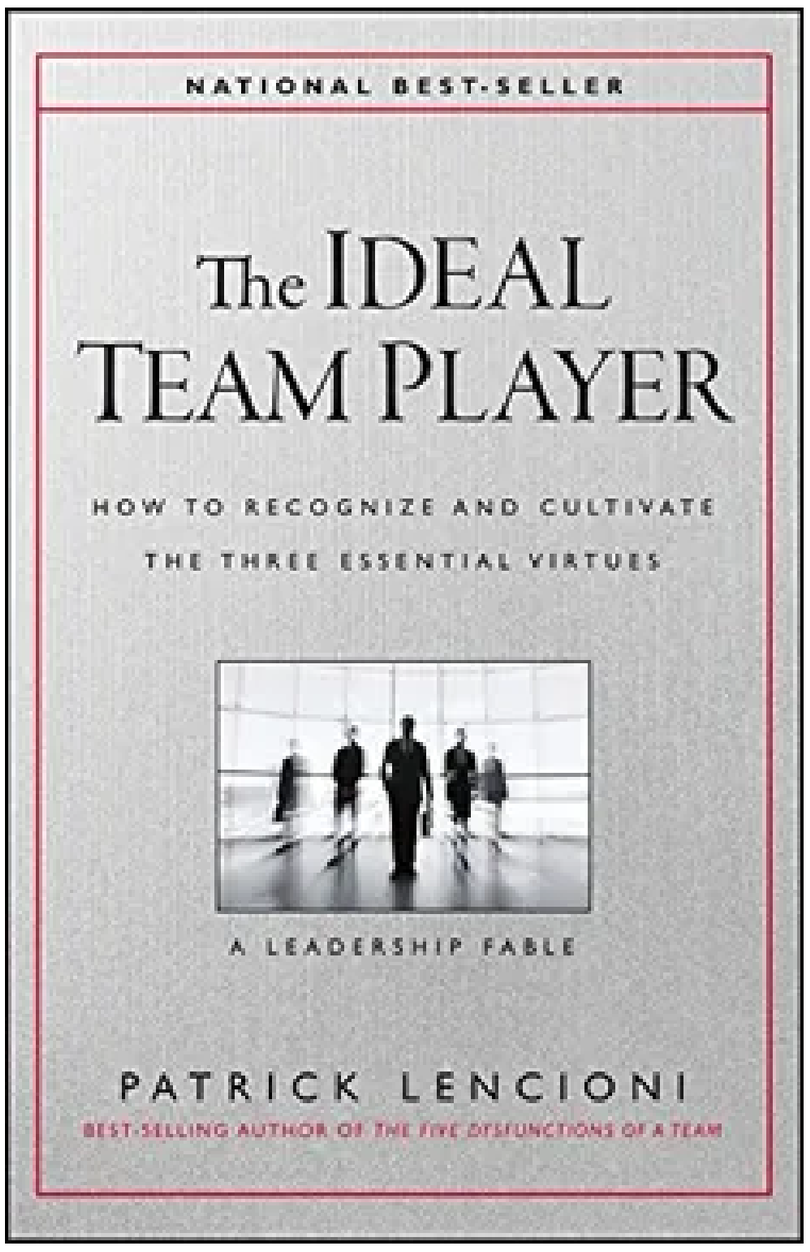
BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

* The BCM Edge *

WEDNESDAY 8 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 5

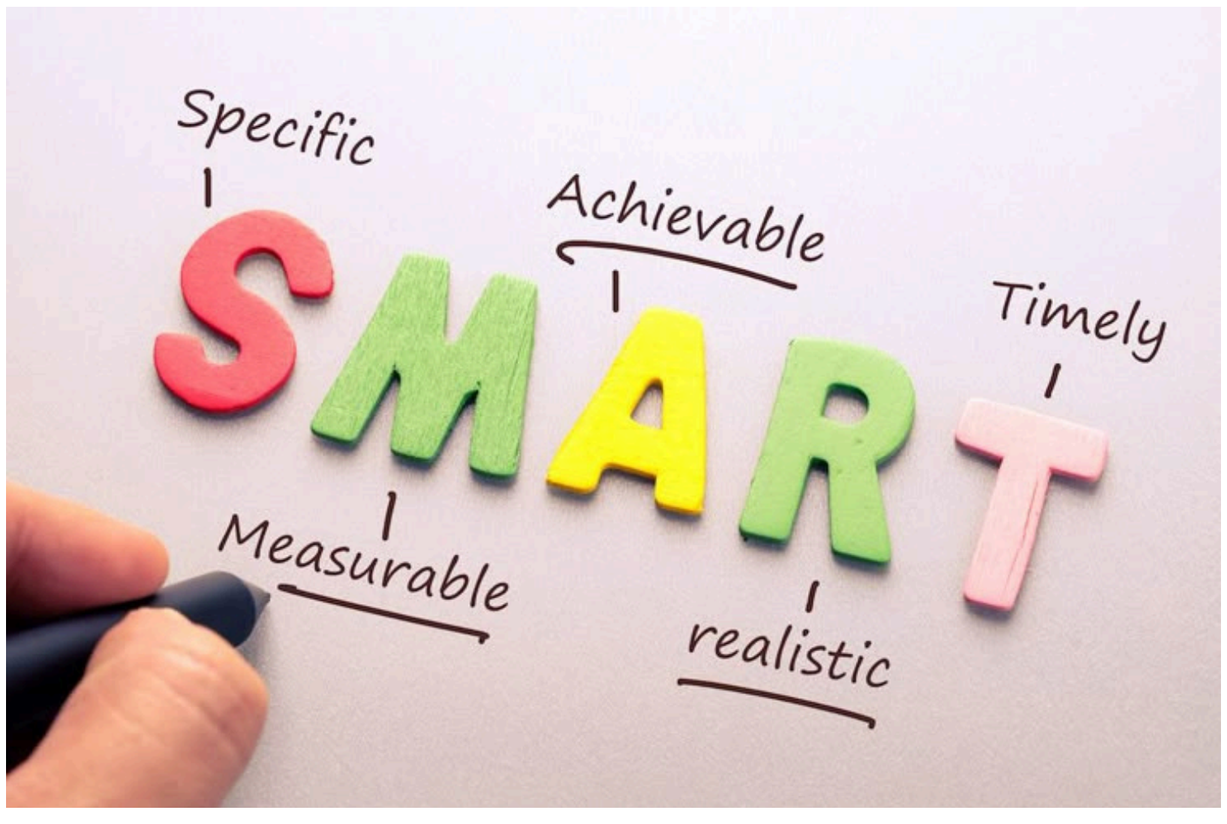
BOOK RECOMMENDATION :

'THE IDEAL TEAM PLAYER'



The Ideal Team Player by Patrick M. Lencioni , offers valuable insights into building high-performing teams by focusing on three essential virtues: humility, hunger, and people smarts. Lencioni emphasizes the importance of hiring individuals with these traits and creating an environment that fosters their growth. With practical advice on cultivating these virtues, the book provides a roadmap for leaders to enhance team performance and satisfaction. A must-read for anyone looking to build a collaborative and successful team.

THOUGHT OF THE DAY



WORD



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BCM SCHOOL
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WORLD POST DAY CELEBRATION







The school celebrated World Post Day with great enthusiasm to create awareness among students about the importance of the postal system in human communication. As part of the celebration, students brought various postal materials such as inland letters, postcards, stamps, and envelopes. A letterbox was also placed in the activity area to provide students with a realistic experience of posting letters. To make the event more engaging, one student dressed up as a postman, symbolising the dedication and service of postal workers. The children actively participated by posting letters into the letterbox, while the postman collected and distributed them, thus recreating the process of postal communication. The activity not only generated excitement but also gave the students an opportunity to understand the significance of the postal system before the digital era.

BCM SCHOOL, DUGRI OBSERVED MENTAL HEALTH AWARENESS DAY – TOGETHER 4 WELLNESS







The school observed Mental Health Awareness Day under the theme 'Together 4 Wellness reaffirming its commitment to fostering emotional resilience and holistic growth among students.The event featured a vibrant exhibition where students showcased creative models and interactive displays on key mental health themes such as the Stress Bucket, Addiction Awareness, Body Safety, Mood Meter, Body–Mind–Spirit Connection, Sand and Doodling Art, along with engaging activities like Fun Yoga and Laughter Yoga. A specially designed Wellness Selfie Stand added color and enthusiasm to the celebration, spreading smiles and positive affirmations across the campus.Students and teachers from all wings enthusiastically visited the exhibition, engaging in meaningful discussions and reflections on the importance of emotional well-being. The event also witnessed the presence of school counsellors from spoke schools, who appreciated the initiative and shared valuable insights on promoting wellness practices in their own institutions. School counselling cell , the driving force behind the event, emphasized that creating safe emotional spaces in schools empower students to talk, express, and heal.The event concluded with the message that mental health is a shared responsibility—one that thrives through awareness, compassion, and collective effort.

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BCM SCHOOL STUDENTS EMBARKED ON AN ENLIGHTENING EDUCATIONAL AND RECREATIONAL TRIP TO SCIENCE CITY AND RANGLA PUNJAB







The Class VII students recently embarked on an enriching educational and recreational trip to Science City and Rangla Punjab, accompanied by their teachers. The excursion offered a perfect blend of scientific exploration and cultural immersion, contributing to the students' holistic development. At Science City, the young learners delved into interactive exhibits, captivating planetarium shows, and engaging hands-on experiments. These experiences not only enhanced their scientific curiosity but also deepened their understanding of complex concepts through experiential learning. The visit successfully kindled their interest in science and technology, inspiring them to think critically and creatively.

The stop at Rangla Punjab was a vibrant celebration of Punjab's rich cultural heritage. Students relished traditional Punjabi cuisine, enjoyed mesmerizing folk performances, and enthusiastically joined in lively Punjabi dances. The experience helped them appreciate the diversity and richness of Indian culture, fostering cultural sensitivity and awareness. The educational trip was a resounding success, leaving a lasting impression on the students and teachers alike. It demonstrated the school's commitment to nurturing not just intellectually capable students but also culturally aware and scientifically inclined individuals.

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ALUMNI MENTORSHIP SESSION AT BCM DUGRI IGNITED THE SPARK OF LEADERSHIP AMONG STUDENTS









A captivating Alumni Mentorship Session centered around the theme Shaping Tomorrow's Leaders was hosted by the school. The distinguished alumnus, *Mr. Gaurav Veer Sohal, Law Research Scholar and Student President, Panjab University, Chandigarh, inspired the students of Classes IX & XI (Commerce & Arts) through his eloquent and insightful interaction.

The session commenced with a floral welcome by Dr. Prem Kumar, Executive Director, BCM Foundation, followed by a gracious address by the School Principal, Dr. Vandna Shahi, who extended warm greetings to the esteemed alumnus and accentuated the importance of alumni engagements in fostering leadership, resilience and ethical consciousness among students.Sharing his remarkable journey from BCM to Panjab University, Mr. Sohal emphasized the virtues of discipline, diligence, determination and empathy as quintessential traits of dynamic leaders. His address, enriched with personal anecdotes, pragmatic wisdom, and an interactive question–answer round, motivated students to think audaciously, pursue excellence and lead with integrity. The event concluded with a Vote of Thanks by Ms. Gurpreet Kaur Chandok, Dean Administration, who conveyed heartfelt appreciation to the speaker for his inspirational presence and the invaluable insights shared.The session proved to be a truly enlightening and empowering experience, leaving students profoundly motivated and reinforcing BCM's enduring legacy of nurturing visionary leaders.

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ECHOES OF EXCELLENCE

Inter-School Chess Competition held at Jesus' Sacred Heart School, the winners are:

Pranjal Oberoi (X Rose) 2nd Position



Roshine (II Jasmine) 3rd Position



THOUGHT OF THE DAY



WORD



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FUN WITH FLASH CARDS:

THUMBS UP, THUMBS DOWN ACTIVITY



The UKG students recently participated in an engaging 'Thumbs Up, Thumbs Down' activity designed to test their word recognition skills. During the activity, the teacher showed flashcards and pronounced words, asking students to respond with a thumbs up if the word matched the flashcard and a thumbs down if it didn't. The students' faces lit up with excitement as they eagerly waited for their turn to play the game. With each correct response, their confidence grew, and they became more eager to participate.This interactive game allowed students to showcase their knowledge, develop logical thinking, and build confidence in their vocabulary. All students enthusiastically participated, making it a fun-filled learning experience.

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MINI CHEFS IN ACTION – FUN WITHOUT SCREENS AT BCM DUGRI!







The classrooms of BCM School, Dugri, turned into cheerful mini kitchens as the students of Class III participated in a Healthy Sandwich-Making Activity inspired by an English Chapter "Fun Without Screen." With aprons on and excitement high, the young chefs chopped, spread, and layered their way to creativity! From smiley faces made of tomatoes to bright cucumber patterns and carrot toppings — every sandwich was a colorful masterpiece bursting with imagination and fun! Laughter echoed through the room as students shared ingredients, exchanged ideas, and tasted each other's delicious creations.

The experience taught them that real joy comes from doing, creating, and sharing together The day ended with happy faces, healthy bites, and a heartwarming message — fun tastes better when made with your own hands!

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SHINING STAR: SUKHDARSHAN SINGH'S REMARKABLE JOURNEY





We are thrilled to share the outstanding achievements of our esteemed alumnus, Sukhdarshan Singh (Class of 2011). Sukhdarshan made history as the first student from our school to crack the IIT-JEE, securing impressive All India Ranks of 1868 in JEE and 146 in AIEEE. He went on to pursue Mechanical Engineering from IIT Roorkee and later completed his MBA from IIM Lucknow. Currently, Sukhdarshan is a Senior Manager at Kearney, a leading strategy consulting firm, where he advises top CEOs and drives billion-dollar initiatives in green energy, metals, and industrial transformation. Prior to this, he worked with Deloitte US Consulting, contributing to major strategic projects for global corporations. Sukhdarshan's journey is a testament to his perseverance, intellect, and leadership. He continues to make a significant impact in shaping India's growth story, and his achievements serve as an inspiration to every student aspiring to make a difference. We are proud to have him as part of our school family!

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KARWA CHAUTH CELEBRATION:

A TOUCH OF TRADITION AND CREATIVITY





The Entrepreneurial Club of BCM School, Dugri, recently organized a Mehndi Application Activity on the auspicious occasion of Karwa Chauth. The event was a celebration of artistic expression, cultural appreciation, and tradition, where students of Classes XI and XII showcased their creativity through intricate Mehndi designs. The activity was a wonderful blend of fun, learning, and festivity, and we were delighted to have our teachers join in and add to the joyous spirit.

The teachers' hands were beautifully adorned with stunning Mehndi designs, reflecting the artistic skills of the artists .The event not only highlighted the importance of cultural traditions but also provided a platform for students to express themselves creatively. The Entrepreneurial Club deserves appreciation for organising such a meaningful and enjoyable event, which surely added to the festive spirit of Karwa Chauth.

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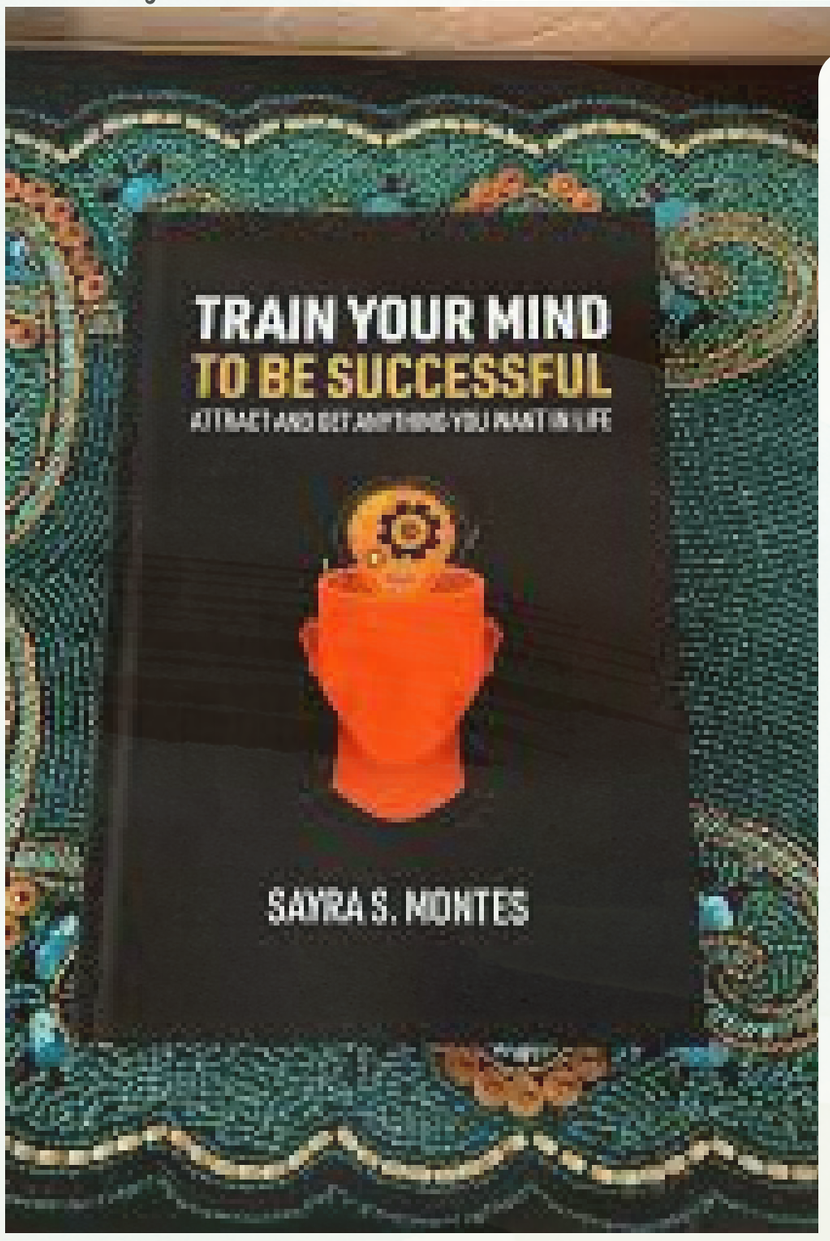
SATURDAY 11 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 5

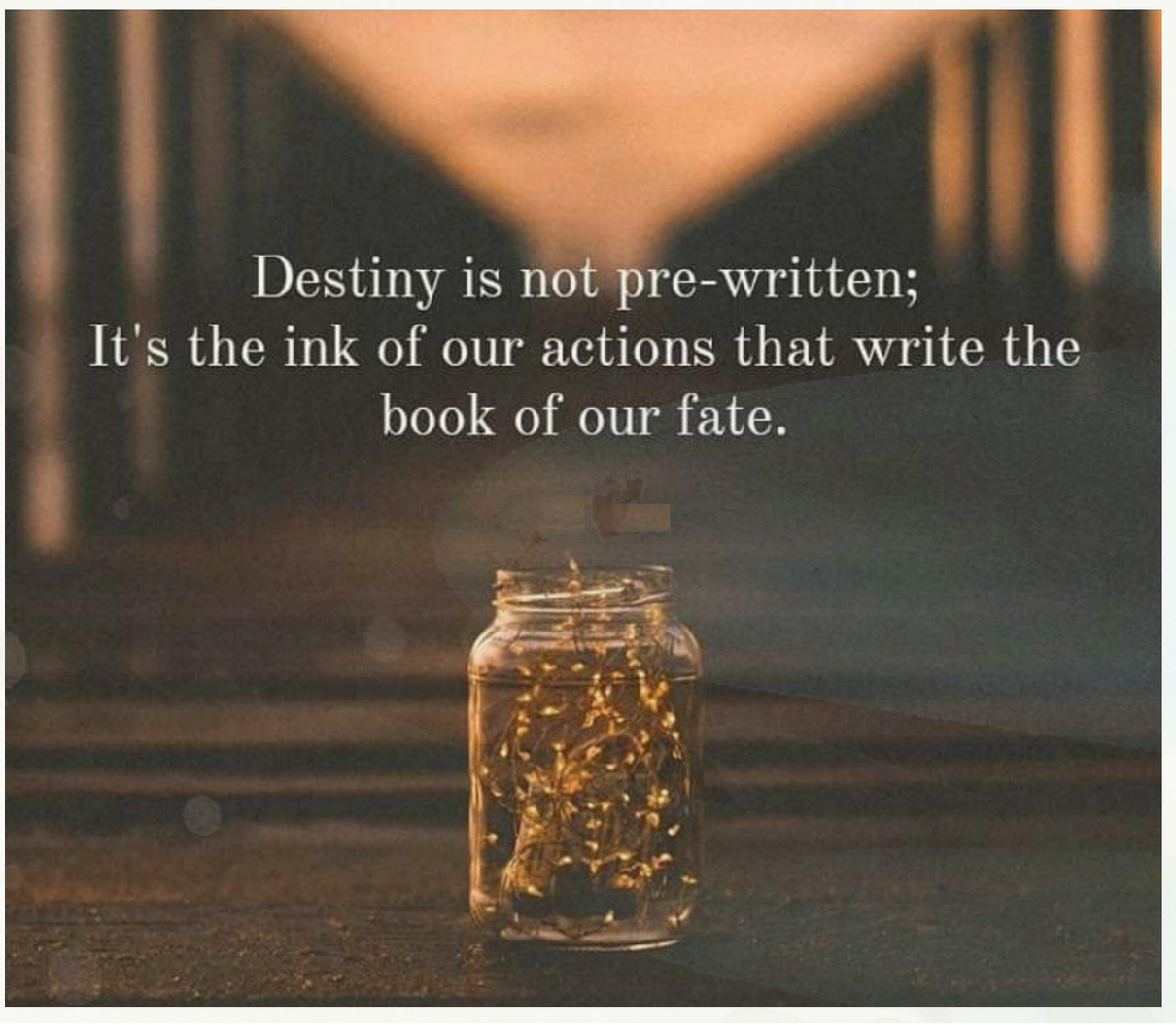
BOOK RECOMMENDATION :

'TRAIN YOUR MIND TO BE SUCCESSFUL'



'Train Your Mind to Be Successful' is a thought-provoking book that can resonate deeply with the readers. It emphasizes the raw power of the mind in shaping our lives, and how our thoughts can either build or sabotage our success. The book offers 7 key lessons, including the importance of choosing positive thoughts, believing in oneself, and cultivating discipline and gratitude. What struck me most was the realization that success begins in the mind, long before external achievements manifest. The book encourages readers to train their minds daily, treating mental strength as a practice, not a one-time choice. This book has left me feeling convicted and empowered to take control of my thoughts and direct my mind towards achieving my goals.

THOUGHT OF THE DAY



WORD



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MONDAY 13 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 1

VOICE OF WISDOM – EMPOWERING THE SAARTHI GROUP AT BCM SCHOOL, DUGRI





BCM School, Dugri, organized a thought-provoking session titled 'Voice of Wisdom' for its Saarthi Group, aiming to empower them with the right knowledge, values, and work ethics essential for guiding and mentoring students effectively.

The session was conducted by Mrs. Shilpa Miglani, who enlightened the participants on crucial aspects of awareness, security, and professional ethics. Through her engaging interaction, she emphasized the importance of being vigilant, value-oriented, and empathetic while fulfilling their responsibilities as true 'Saarthis' — the guiding forces behind young learners.

The session concluded with a renewed sense of purpose and commitment among the Saarthi members to lead with integrity, sensitivity, and vision.

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MONDAY 13 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 2

ECHOES OF EXCELLENCE

Our team of Basketball (U-17) Boys secured Second Position at Jesus Sacred Heart School.





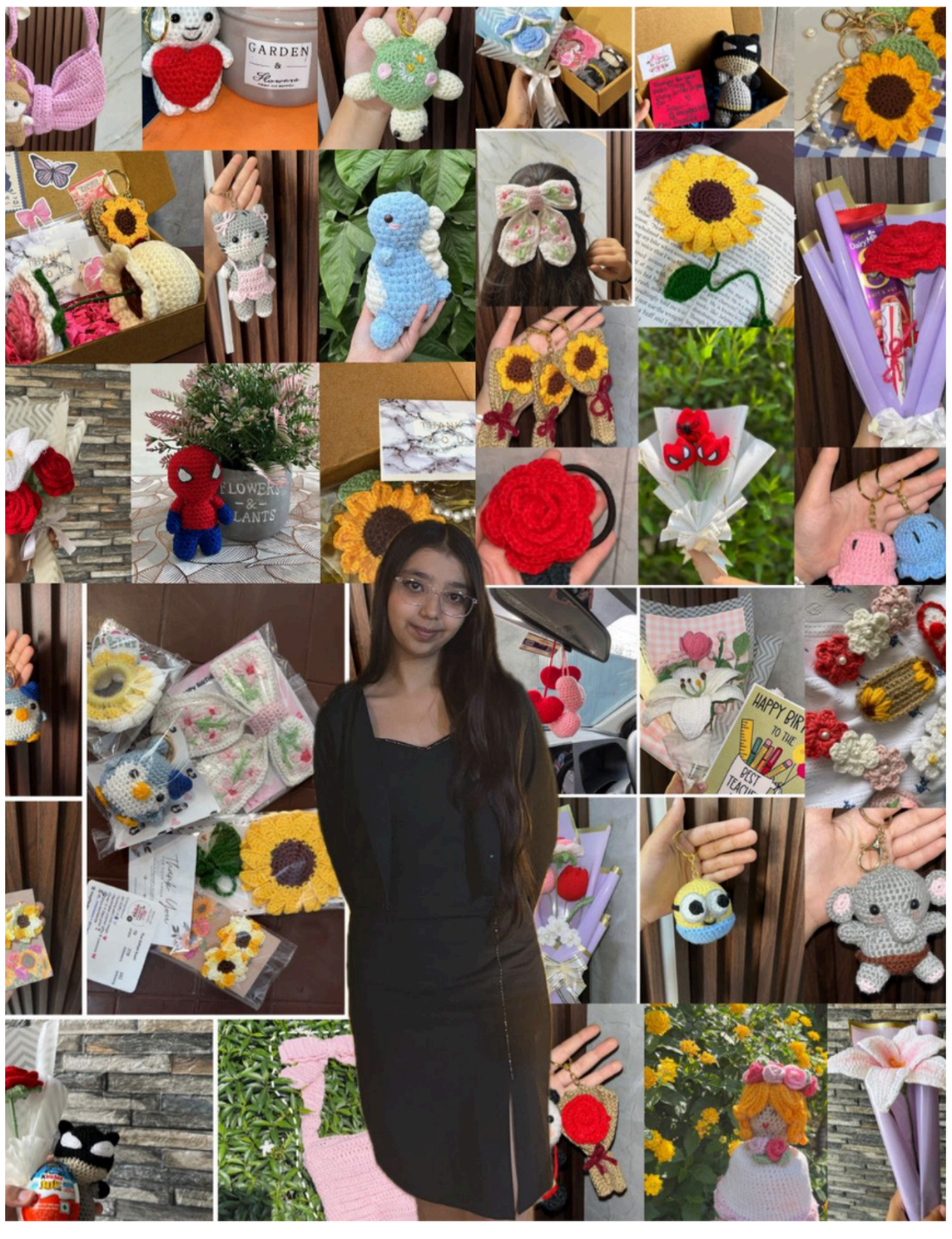
STUDENTS CORNER

A Budding Creator with a Knack for Crochet

Sana Adya, a student of Class VIII Jas at BCM School, Basant Avenue, beautifully blends creativity with passion. The young artisan is the imaginative mind behind The Gifted Knot, a venture born out of her love for crochet.

Alongside her academic pursuits, Sana finds joy in transforming simple threads into charming handmade creations. Each piece she designs reflects her patience, imagination, and artistic flair.

For Sana, creativity is more than just a pastime — it's a way of expressing herself and spreading happiness through every thoughtful stitch.



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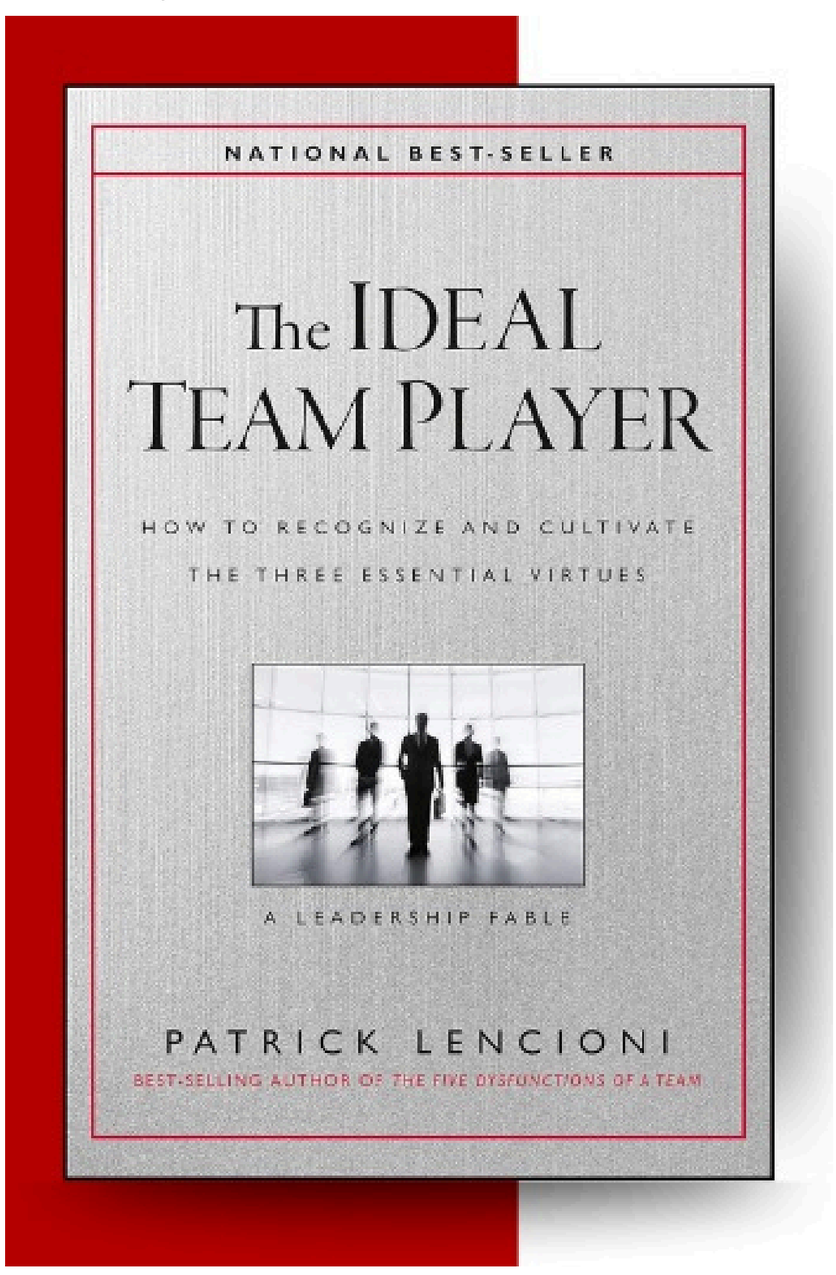
BOOK RECOMMENDATION :

THE IDEAL TEAM PLAYER



'The Ideal Team Player' by Patrick M. Lencioni is a must-read for anyone looking to build high-performing teams. Lencioni identifies three essential virtues of ideal team players: humility, hunger, and people smarts. Through insightful analysis and practical advice, he shows how these virtues can make or break a team's success. The book highlights the importance of humility over ego, a strong work ethic, and emotional intelligence in team players. Lencioni also provides guidance on recruiting and cultivating these virtues in team members, creating an environment that fosters collaboration and growth.A key takeaway is the need for continuous development and assessment of team members' virtues. With its actionable strategies and thought-provoking ideas, this book is a valuable resource for leaders, managers, and team players alike.

THOUGHT OF THE DAY



WORD

lenity

noun [**len**-i-tee]

the quality or state of being mild or gentle, as toward others.

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TUESDAY 14 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 1

SEEING IS BELIEVING: WORLD SIGHT DAY AT KINDERGARTEN





World Sight Day was celebrated with great enthusiasm by Kindergarten branch. The theme for this year, 'Love Your Eyes,' resonated deeply with our young learners. Through an engaging enactment, teachers shared valuable tips on maintaining healthy vision and protecting our eyes from damage. The activity emphasized the importance of a balanced diet, rich in fruits and vegetables that promote eye health. Students were shown various eye-friendly food, including leafy greens and colourful fruits, and encouraged to incorporate them into their daily meals. Teachers also stressed the significance of regular eye check-ups, adequate sleep, and reduced screen time. Students were reminded that excessive phone use can harm their eyesight and were encouraged to engage in outdoor activities that promote overall well-being. By instilling these values at a young age, we aim to empower our students to take care of their precious eyes and maintain good vision throughout their lives.

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INTERNATIONAL DAY FOR DISASTER REDUCTION AT BCM SCHOOL, DUGRI







To observe the International Day for Disaster Reduction, a special awareness session was organized for the students of Classes II & III which aimed to educate young learners about safety measures and preparedness during natural or accidental emergencies. The highlight of the day was a mock drill featuring fire, flood, and earthquake drills, demonstrating practical steps to stay safe and calm during disasters.

Students actively participated in the Fire Drill, learning how to evacuate safely and respond without panic. The Flood Drill and Earthquake Drill helped them understand the importance of alertness, teamwork, and presence of mind in crisis situations. Such sessions not only train our students to respond wisely in emergencies but also to become responsible citizens who can help others in need.

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BCM SCHOOL DUGRI, JOINS INDIA'S LARGEST SCHOOL HACKATHON –

VIKSIT BHARAT BUILDATHON 2025



The school proudly participated in the Viksit Bharat Buildathon 2025, India's largest school hackathon engaging over I crore students from Classes VI to XII across the nation.

The event witnessed a nationwide synchronised live Buildathon, where students tuned in to the live telecast and enthusiastically joined the innovation movement.

With themes like Swadeshi, Atmanirbhar Bharat, Vocal for Local, and Samriddh Bharat, the initiative inspired young innovators to think creatively, design prototypes, and contribute to the vision of a self-reliant India.

The session motivated students to embrace technology, teamwork, and national pride — igniting the spirit of innovation and nation-building among the youth.

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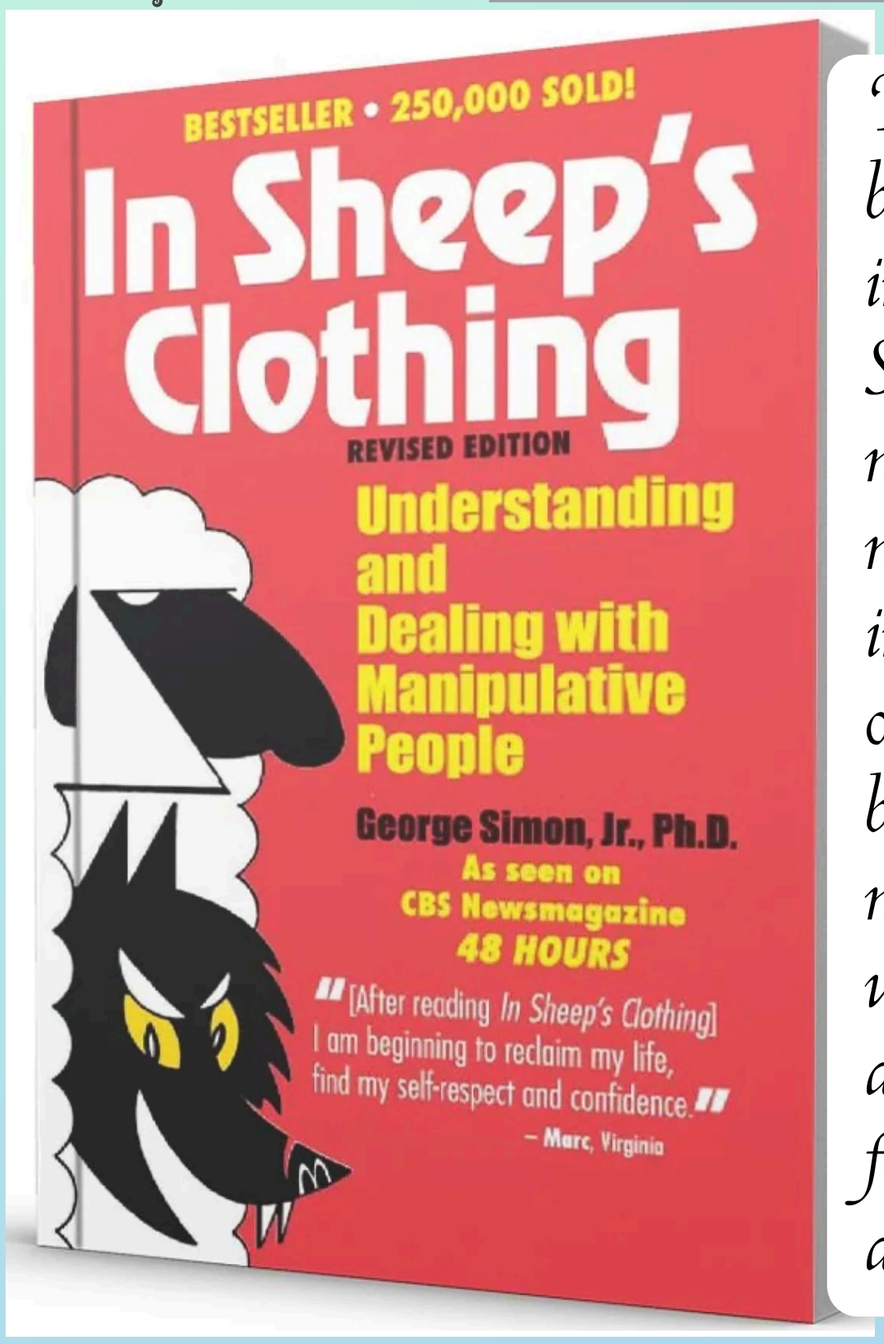
TUESDAY 14 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 4

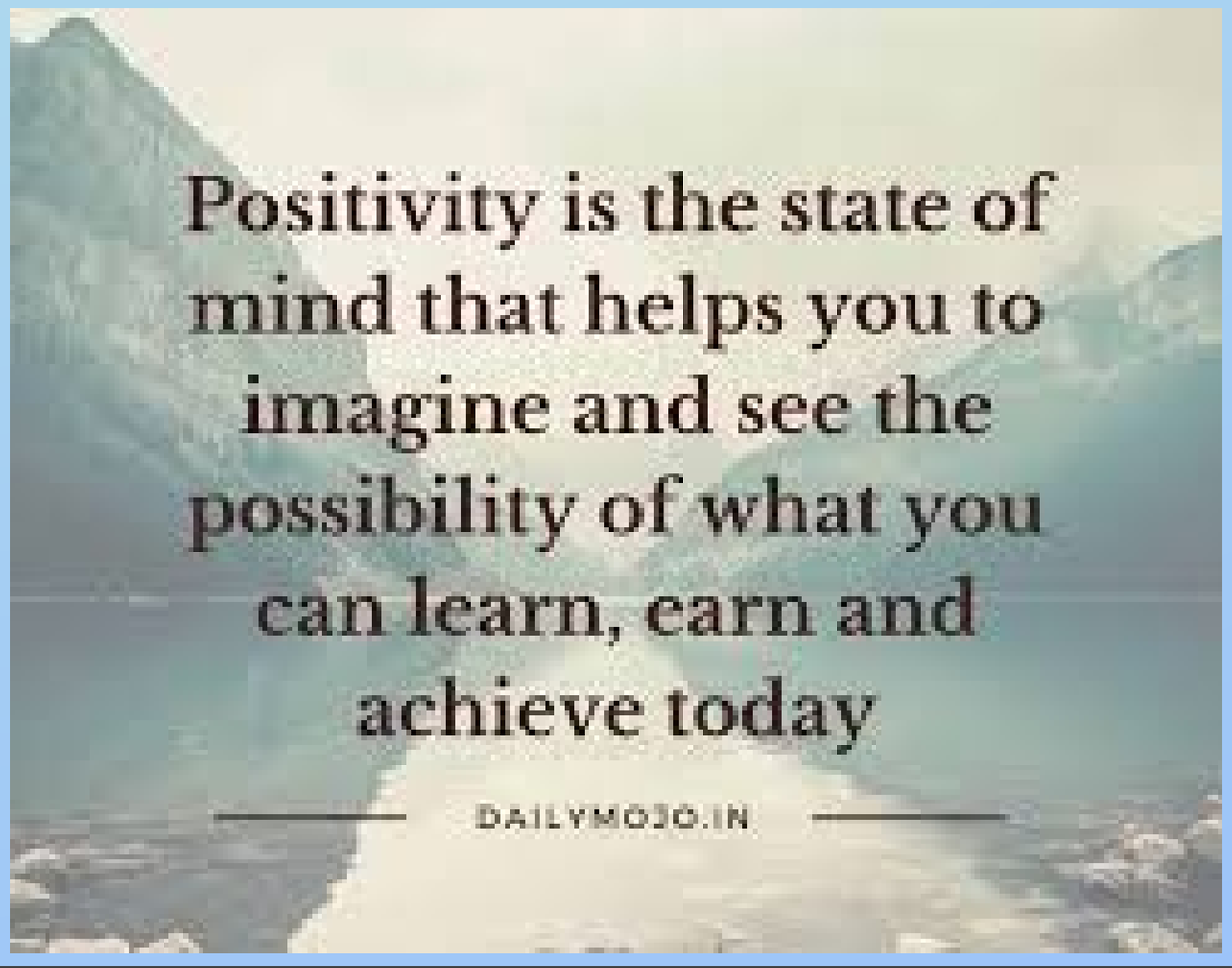
BOOK RECOMMENDATION :

'IN SHEEP'S CLOTHING'



'In Sheep's Clothing' by George Simon Jr. is a groundbreaking book that sheds light on the tactics and behaviors of manipulative individuals. With decades of experience as a clinical psychologist, Simon empowers readers to recognize and deal with manipulative people effectively. The book reveals that manipulators are not misunderstood souls, but rather individuals who exploit kindness and compassion to control others. Simon emphasizes the importance of setting firm boundaries and enforcing consequences to protect oneself from manipulators. This book is a must-read for anyone looking to understand manipulation and develop effective strategies for dealing with manipulative people, making it a valuable resource for those interested in psychology, self-help, or personal development.

THOUGHT OF THE DAY



WORD

maffick

verb [**maf**-ik]

to celebrate with extravagant public demonstrations.

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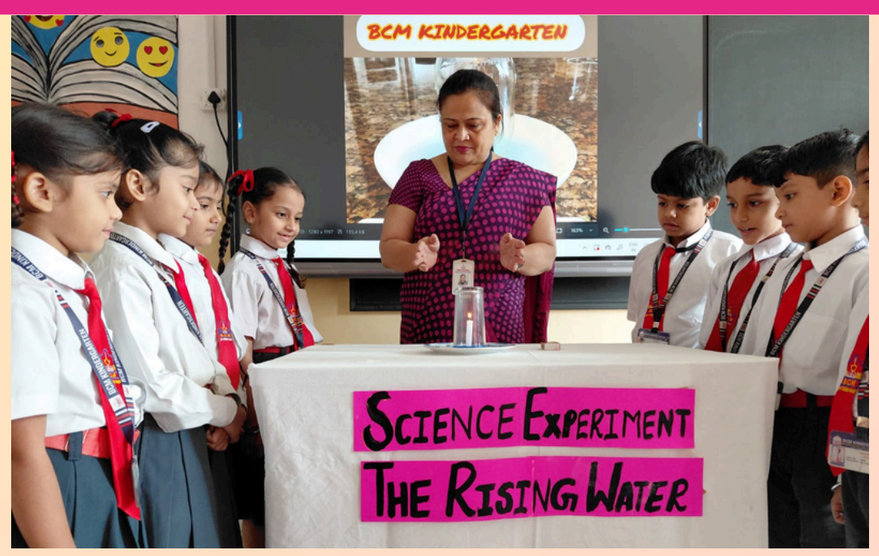
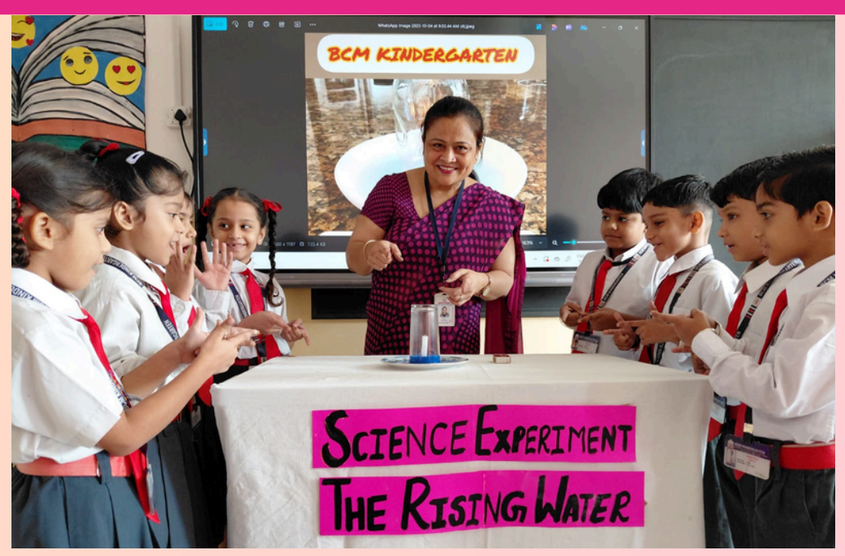
RISING WATER EXPERIMENT AMAZED CLASS 1ST STUDENTS





The students of Class I recently participated in an exciting science experiment, 'The Rising Water Experiment',designed to demonstrate the concept of air pressure. The experiment involved placing a candle in a plate filled with water, lighting it, and then covering it with a glass. As the flame went out, the students observed that the water level inside the glass rose.The experiment helped students understand that when the candle burned, it used oxygen and heated the air inside the glass. As the air cooled down after the flame went out, it contracted, creating a partial vacuum. This led to a pressure difference, with the outside air pressure being higher than the pressure inside the glass. As a result, the water was pushed up into the glass. The students were fascinated by this hands-on demonstration of air pressure and its effects. They learned that fire needs oxygen to keep burning, air can expand and contract with heat, and air pressure can exert a significant force on objects. This experiment was a great way to make complex concepts fun and accessible, and the students are eagerly looking forward to more such interactive learning experiences.

BRAINY CHAMPS BATTLED IT OUT IN THE SOCIAL STUDIES QUIZ ! 🏆🧠





Curiosity and excitement filled the halls of BCM School, Dugri as young learners participated in the Inter-Class Social Studies Quiz Competition. The event turned into a thrilling battle of wits, where students showcased their deep knowledge of history, geography, and civics with quick reflexes and teamwork. 🌍✨ Each round brought new energy as participants raced to answer thought-provoking questions, proving that learning can be both fun and competitive! 🎯📖 The quiz not only boosted their confidence but also ignited a spirit of inquiry and love for the subject. 💡💪 The vibrant event concluded with cheerful applause and smiling faces, celebrating both knowledge and participation. 🎉

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UNLOCKING ACADEMIC POWER

AT BCM SCHOOL, BASANT AVENUE, DUGRI ROAD, LUDHIANA







An enlightening session titled "Unlock Your Academic Power" was organised for the students and parents of Grade X at BCM School, Basant Avenue, Dugri Road, Ludhiana. The session was conducted by Dr. Monika Singla (Professor, Neurology, Dayanand Medical College& Hospital, Ludhiana), who shared meaningful insights on enhancing concentration, managing examination stress, and maintaining emotional well-being.

Through her highly engaging interaction, Dr. Singla highlighted how brain reacts to pressure and introduced simple techniques like the Pomodoro method, weekly planners, and effective time management to study efficiently without feeling overwhelmed. She encouraged students to adopt healthy study habits, stay disciplined, and build confidence through mindfulness and positive thinking. Parents were guided to appreciate small efforts and create a nurturing environment that promotes motivation and positivity. The interactive session empowered all attendees to rethink their approach toward academic success and mental wellness.

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TRANSFORMING INDIA'S TAX LANDSCAPE: THE 2025 GST REFORMS



Ms.Jaskiran Kaur
PGT-Economics

Genesis of GST in India: A Unified Tax Vision

Goods and Services Tax (GST) has been a cornerstone of India's indirect tax architecture, striving to harmonize and simplify taxation across states. The 2025 reforms mark a pivotal shift, ushering in a new era with far-reaching implications for the economy, industries, and consumers.

Restructuring the GST Slabs: A Paradigm Shift

Pre-2025 Structure: Complexity and Challenges

India's GST previously operated on a multi-tiered rate system with slabs of 0%, 5%, 12%, 18%, and 28%, alongside special rates for items like gold/silver (3%) and cesses on luxury/sin goods. This led to classification disputes, compliance complexities, and inverted duty structures.

Post-2025 GST 2.0: Streamlined and Rationalized

Effective September 22, 2025, the GST Council approved significant changes:

Ø Simplified Slabs: 12% and 28% slabs abolished for most items; primary rates now 5% (merit goods) and 18% (standard rate).

Ø New 40% De-Merit Rate: Applies to luxury/sin goods like tobacco, aerated drinks, high-end vehicles (replacing earlier slab + cess combinations).

Ø Targeted Relief: Textiles, leather, footwear, MSME inputs see tax reductions; motor vehicles (small cars, two-wheelers) shifted from 28% to 18%.

Ø Exemptions: Individual life and health insurance premiums now GST-exempt.

Economic Ripple Effects: Growth and Consumption Catalyst

Boosting Consumption and Demand

Lower GST rates on everyday goods aim to enhance disposable incomes, potentially adding ₹70,000 crore+ to consumption demand, spurring production, employment, and investment.

Inflation Dynamics

Rate reductions should ease inflationary pressures; estimates suggest a possible 1.1 percentage point reduction if tax benefits pass to consumers.

Business Perspectives: Opportunities and Adjustments

Producer Benefits: Input Cost Alleviation

Reduced GST on inputs/raw materials aids manufacturers, particularly SMEs, easing cost pressures and working capital demands.

Sectoral Shifts

Ø Luxury Goods: 40% slab may contract demand; producers might need strategic repositioning.

Ø MSMEs: Targeted relief could bolster competitiveness.

Ø Supply Chains: Businesses may reorganize strategies based on new rates.

Consumer Impact: Affordability and Purchasing Power

Hundreds of everyday goods see lower GST or exemptions (packaged foods, toiletries, medicines, fabrics), translating into affordability gains for middle/lower-income households.

Conclusion and Future Trajectory - The 2025 GST reforms represent a landmark simplification, collapsing multiple slabs into core tiers (5%, 18%) with a high-end 40% rate. This aims to stimulate consumption, resolve anomalies, and foster equity, heralding a transformative phase in India's tax ecosystem.

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ECHOES OF EXCELLENCE

Inter-School Competition at Jesus' Sacred Heart School, South City, Winners under various categories :

EVENT: PEACE PARADE
POSITION: APPRECIATION
PARTICIPANTS: AARAV VERMA – IV ROSE
GUNGEET KAUR – IV ASTER, AISHLEEN KAUR – IV DAISY
REYANSH MEHINIA – IV LILY, VANISHA ARORA – IV LILY
MYRA – IV TULIP , VANYA – IV MARIGOLD





EVENT: THE ROYAL COURT CHRONICLES
POSITION: SECOND RUNNER-UP
PARTICIPANTS: ANVIKA – III ROSE
ARSHDEEP KAUR – III ROSE
HARSHIL – III ROSE
HANEESH – III MARIGOLD
SATYAM – III DAISY

EVENT: ART GALLERY
POSITION: APPRECIATION
PARTICIPANTS: DIVYANSHI – IX ROSE
RAJVEER – IX MG
NAVYA – IX MG
ISHPREET – IX MG
AGAMJOT – IX MG



BCM SCHOOL

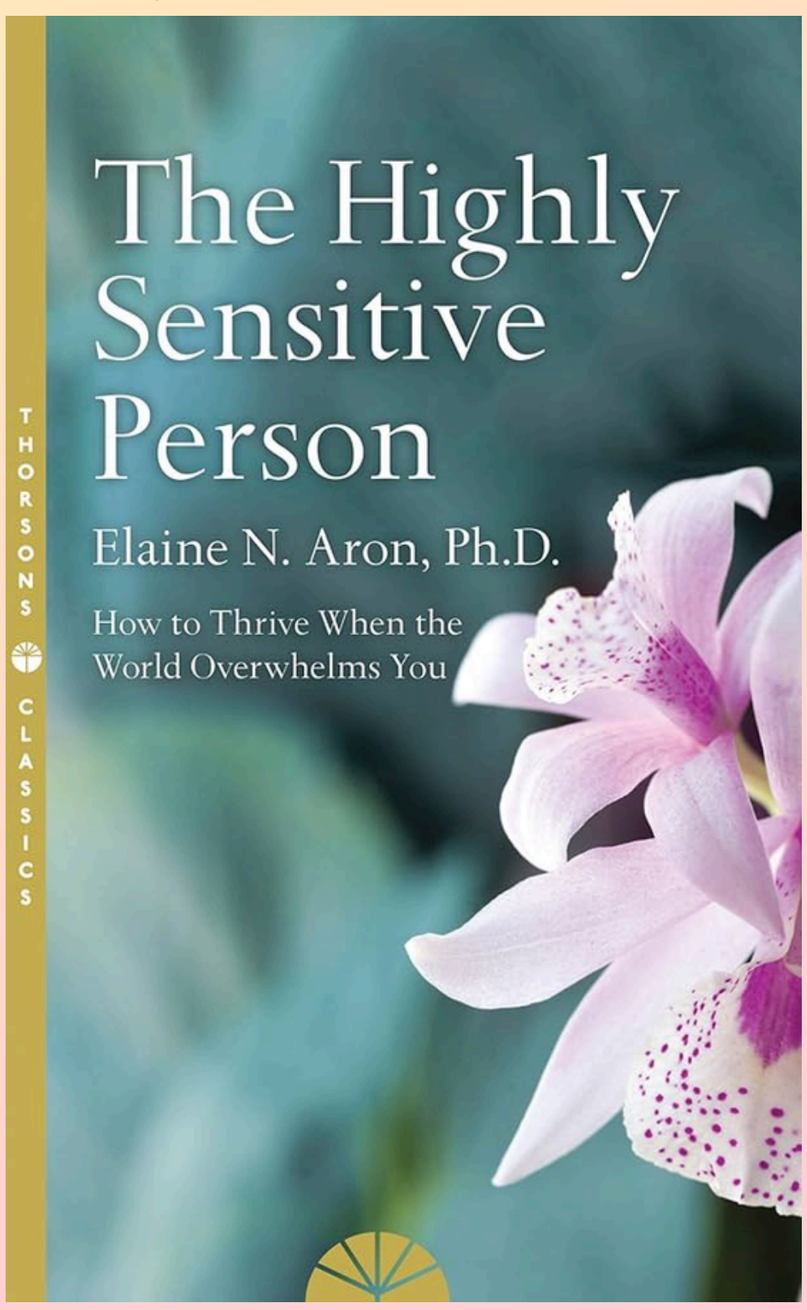
BASANT AVENUE, DUGRI ROAD, LUDHIANA

* The BCM Edge *

WEDNESDAY 15 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 5

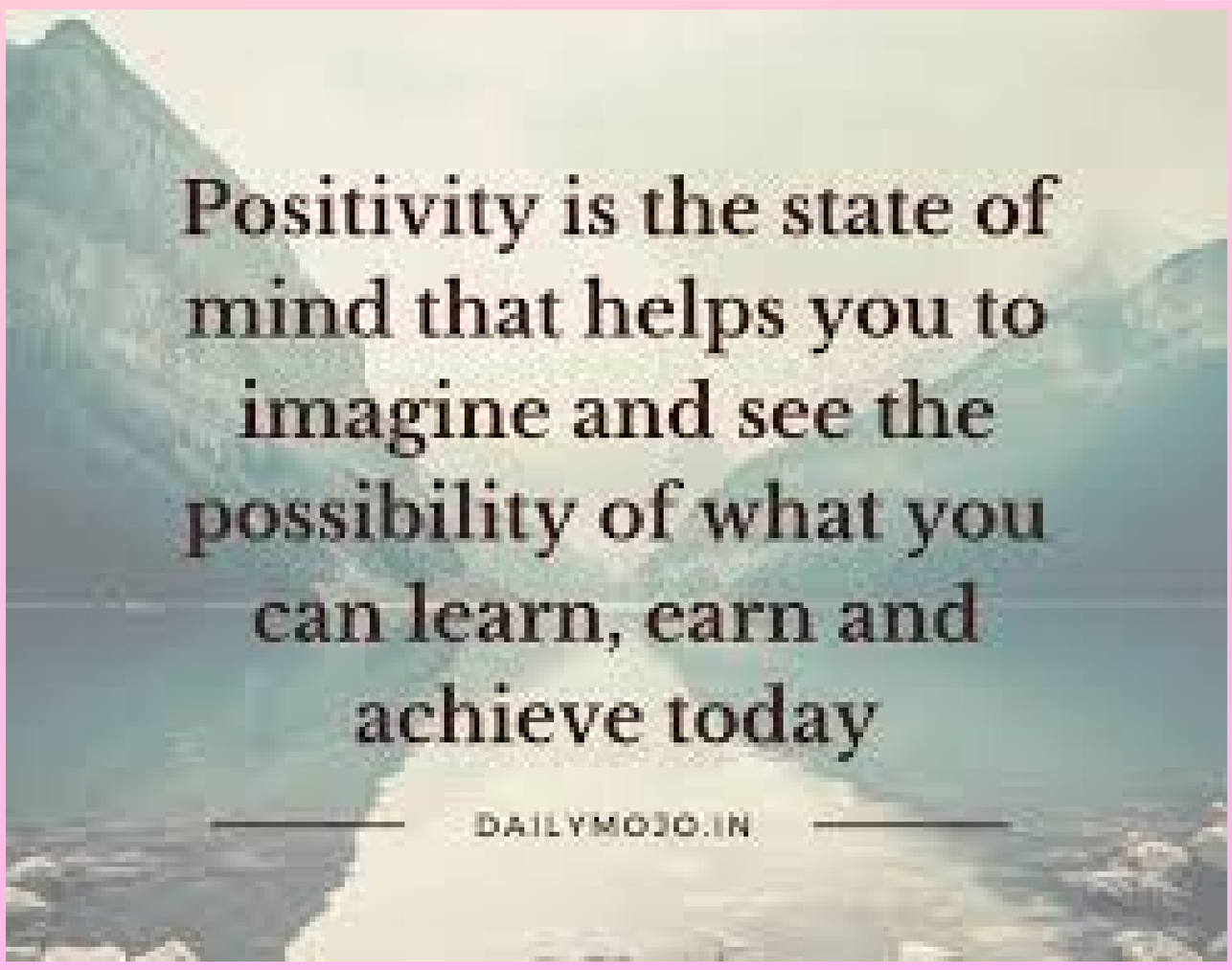
BOOK RECOMMENDATION :

'THE HIGHLY SENSITIVE PERSON'



'The Highly Sensitive Person' by Elaine Aron is a ground breaking book that offers a profound understanding of sensitivity, reframing it as a valuable trait rather than a weakness. Aron, a clinical psychologist, introduces the concept of Sensory Processing Sensitivity (SPS), which affects 15-20% of the population. This trait is characterized by deep processing, emotional reactivity, and sensitivity to subtle stimuli. Through her research and insights, Aron provides a framework for highly sensitive people (HSPs) to understand themselves and thrive in a world that often overlooks their needs. The book is a treasure trove of wisdom, offering practical advice on managing overstimulation, setting boundaries, and harnessing sensitivity as a strength. Aron emphasizes that HSPs are not flawed or defective, but rather, they are wired differently, with a unique perspective and gifts to offer. By sharing her expertise and personal experiences, Aron empowers HSPs to self-accept and self-advocate, recognizing their value and contributions. Overall, the book is a must-read for anyone who feels like they don't fit the mold or struggles with sensitivity. It's a powerful tool for self-discovery, growth, and empowerment, offering a new perspective on what it means to be sensitive in a world that often overlooks this trait.

THOUGHT OF THE DAY



WORD

maffick

verb [**maf**-ik]

to celebrate with extravagant public demonstrations.

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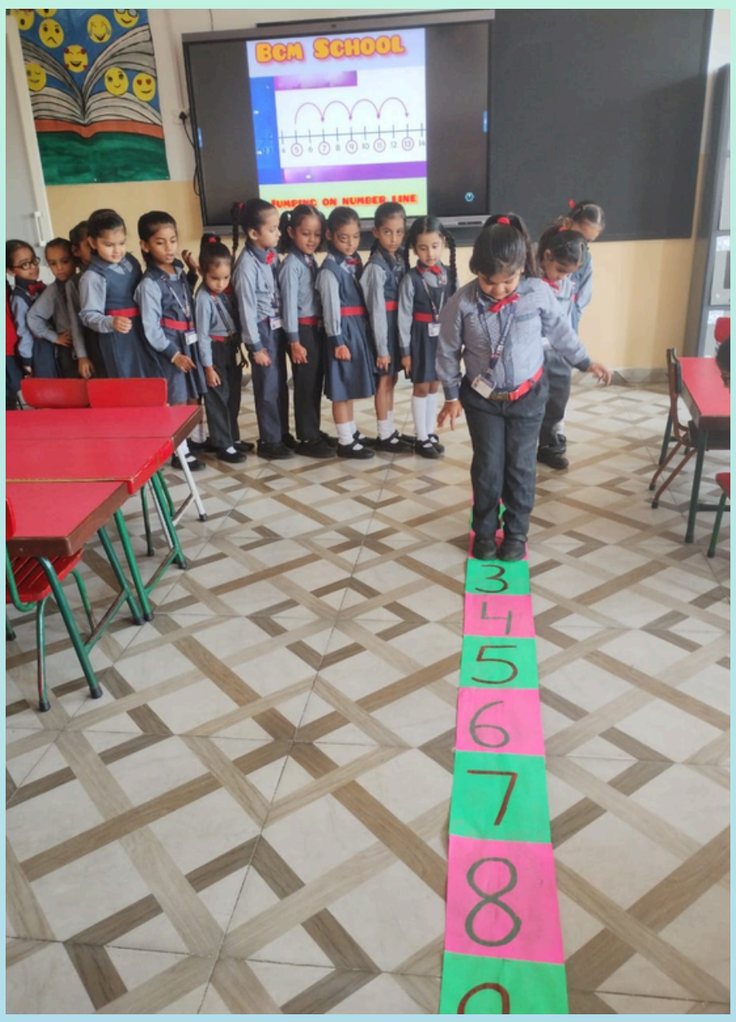
UKG STUDENTS LEARNT SKIP COUNTING THROUGH FUN ACTIVITY



The UKG students participated in an engaging activity called 'Hop by 2s', designed to make learning numbers exciting and fun. The activity involved numbers displayed on the floor, and students enthusiastically hopped on them while skip counting by 2s (2, 4, 6, 8, and so on).

This playful exercise helped students grasp the concept of Skip Counting by 2s while enhancing their number sense, coordination, and concentration. The activity made learning active and enjoyable, providing a hands-on experience for the young learners.

STUDENTS CORNER

THE STAIRS TO SUCCESS

Where is the way to success?
Where is the lift to go high?
There is no lift to success,
No door that opens wide.
The steps are rough and broken,
The climb is long and steep.
Each step will test you courage,
Each wall will block your way.
The stairs may seem forever,
The top so far to see.
So take the stairs with patience,
With effort, love and care!



Aarohi
VII ROSE

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ECHOES OF EXCELLENCE

STATE-LEVEL TAEKWONDO ACHIEVEMENT





Prabhjot, a talented student of Class 7th Tulip, has achieved a remarkable distinction by securing 1st position at the State-Level Taekwondo Competition. This outstanding accomplishment has earned Prabjot a coveted spot in the National Taekwondo Championship. Congratulations to Prabhjot on this impressive achievement! We are proud to see Prabhjot's skills and dedication recognized at the highest levels. We wish her all the best for the upcoming National Championship and look forward to seeing continued success in the future.

Inter-School Competition at Jesus' Sacred Heart School, South City, Winners under various categories :

Event: Quest for the Past

Position: 2nd

Participants:

Isherpreet Singh VI Rose

Gursharan Singh VI Lily



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Event: Voice 4U (Chatbots)

Achievement: Appreciation

Participants:

Saksham XI Science B

Vandita XI Com A

Event: Peace Council Simulation

Position: 2nd

Participants: Akriti 10th Rose, Anhad 10th Daisy

Kritika 10th Rose





Event: Music – Ballads and Beyond

Position: 3rd

Participants: Ashima 6th Tulip

Harkirat 6th Marigold , Jasraj 6th Marigold

Kayansh 6th Aster, Mansirat 6thJasmine

Shiven 6th Jasmine , Anant Arora IX Rose

Event: Mythic Beats (Dance Performance)

Achievement: Appreciation

Participants: Amishi 7th Aster

Japleen Kaur 7th Daisy , Mahimeet 7th Aster

Navya 7th Rose ,Rashi 7th Aster

Jasmeet Kaur 7th Daisy





<u>Swimming Competitions:</u>

Divnoor Kaur Garcha (Class V): 2nd position – 40m Freestyle, Devansh Walia (Class II): 2nd position – 20m Freestyle , Aagastya Kaushik: 1st position – 40m Freestyle

<u>Relay Race</u> (20m Freestyle): 3rd position – Divnoor Kaur Garcha, Avnoor Kaur, Rabnoor Kaur, and Vani Walia

<u>Skating Competition:</u>

Gunnika (Class III): 3rd position – 200m Inline Skating

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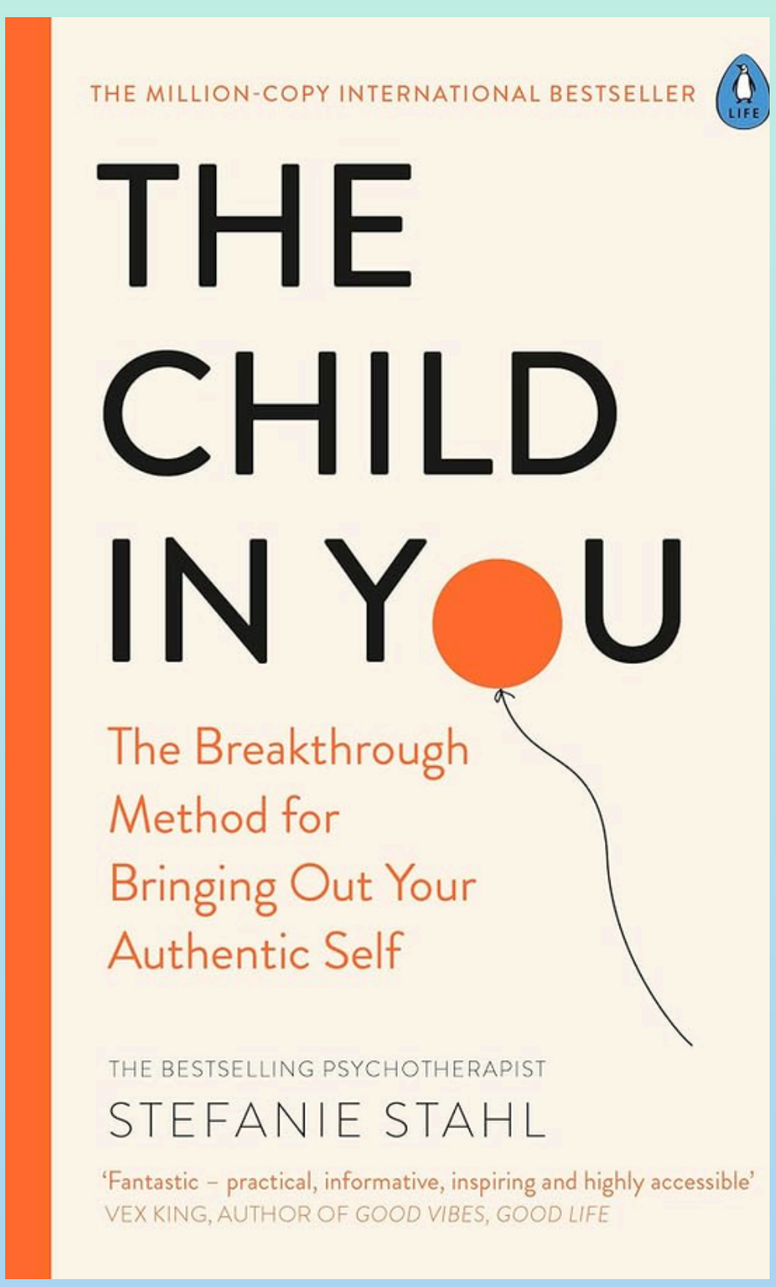
BOOK RECOMMENDATION :

'THE CHILD IN YOU'



'The Child in You' by Stefanie Stahl is a profound and compassionate guide that explores the inner child and its impact on our adult lives. Stahl introduces the concept of the "shadow child" and the sun child, revealing how unhealed wounds from childhood can shape our relationships, behaviours, and self-perception. Through her insightful writing, Stahl offers a powerful framework for healing and integration, encouraging readers to acknowledge and nurture their inner child. The book provides practical advice on self-parenting, recognising patterns, and embracing wholeness. Stahl's work is a testament to the possibility of healing and growth, offering a message of hope and self-acceptance. This book is a must-read for anyone seeking to understand themselves and break free from the cycles of pain and self-doubt.

THOUGHT OF THE DAY



WORD

highfalutin

adjective [hahy-fuh-**loot**-n]

pompous; bombastic; haughty; pretentious.

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ECHOES OF EXCELLENCE

BCM DUGRI SHINES IN MATHELETICS INTER SCHOOL CHAMPIONSHIP AT DPS SCHOOL, LUDHIANA.

Event: Maths Marvels

Position: 3rd

Participants: Muskan Arora - X Daisy
Drishti Vij - XI Commerce

Teacher Incharge : Ms. Sunaina Bhatia
Ms. Surpinder Kaur



Event: Mathemagic on Stage

Position: 3rd

Participants: Gursharan Singh - VI Lily
Rihaan - VI Lily
Ayushi Gupta - VII Rose
Jiyajot Kaur - VIII Rose
Jasmine Kaur - VIII Rose

Teacher Incharge : Ms. Harpreet Kaur
Ms. Jaspreet Kaur



BCM SCHOOL
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DIWALI DIYA DECORATION COMPETITION





To celebrate the spirit of Diwali, the school organised a Diya Decoration Competition for the students of Class IV. The activity aimed to instill creativity, artistic expression, and cultural appreciation among young learners.

With great enthusiasm and festive joy, the children beautifully decorated and crafted colourful diyas, symbolizing light, hope, and positivity. Their artistic skills were reflected in the vibrant designs, use of eco-friendly materials, and thoughtful creativity that lit up the entire classroom with festive charm.

The event not only brought out the students' hidden talents but also reminded them of the deeper message of Diwali — the triumph of light over darkness and good over evil.

The competition ended on a cheerful note, filling the hearts of the young BCMites with joy, creativity, and festive spirit.

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UKG STUDENTS EXPLORED MAGIC MILK SCIENCE EXPERIMENT



The UKG students recently participated in a fascinating science experiment, 'Magic Milk', designed to spark curiosity and excitement for learning through hands-on experience. Using milk, food colors, and dish soap, the young learners observed a magical reaction of colors swirling and mixing beautifully.

As the students added colors and soap drops, they were amazed to see the 'magic' happened right before their eyes. The experiment introduced basic scientific concepts, making learning both fun and educational.

The activity successfully made science accessible and enjoyable for the UKG students, fostering a love for learning and exploration.

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'JOY OF GIVING'– SPREADING SMILES BEYOND THE CLASSROOM

'The Joy of Giving' was celebrated with great enthusiasm and compassion. The young BCMites participated in a heartfelt Card-Making Activity where they created beautiful, handmade cards filled with thoughtful messages, cheerful drawings, and words of kindness reflecting the true essence of happiness and generosity.



'In a touching gesture, the children stepped out of their classrooms to spread smiles in their surroundings. They visited nearby areas and shared their self-made cards with shopkeepers, helpers, and community members. Some even distributed cards in their neighbourhoods and placed them on cars to surprise others with warm, thoughtful notes — a small act that carried a big message of love and positivity.

'Additionally, students of class IX took the Giving Oath, pledging to extend a helping hand and share what they could — be it time, smiles, or small gifts. The powerful message, 'Compassion makes our world brighter', resonated deeply with everyone. Through interactive slides and heartfelt reflections, classrooms filled with positivity and empathy. The celebration beautifully reminded students that true joy lies not in receiving but in giving, making the world a kinder and happier place for all.





BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

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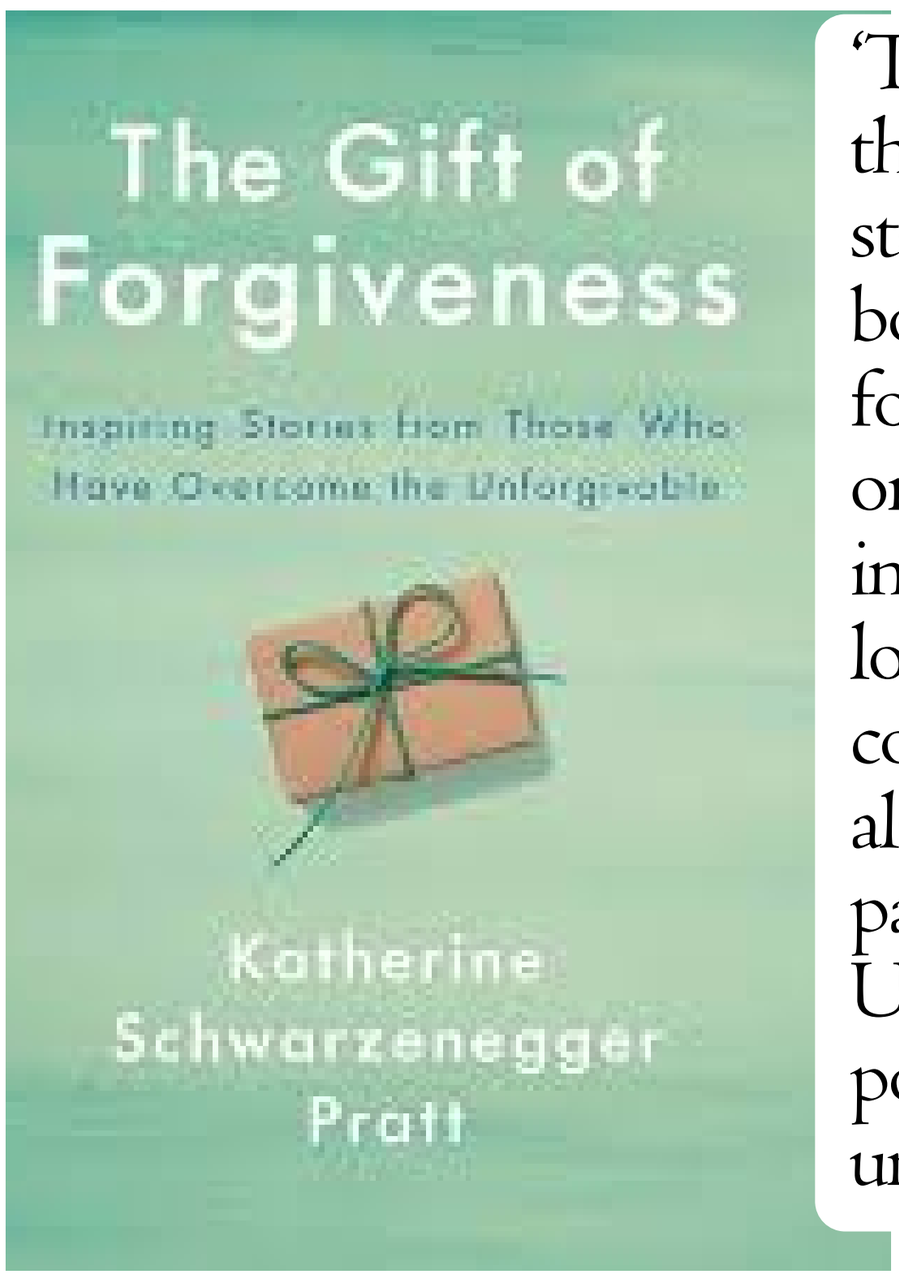
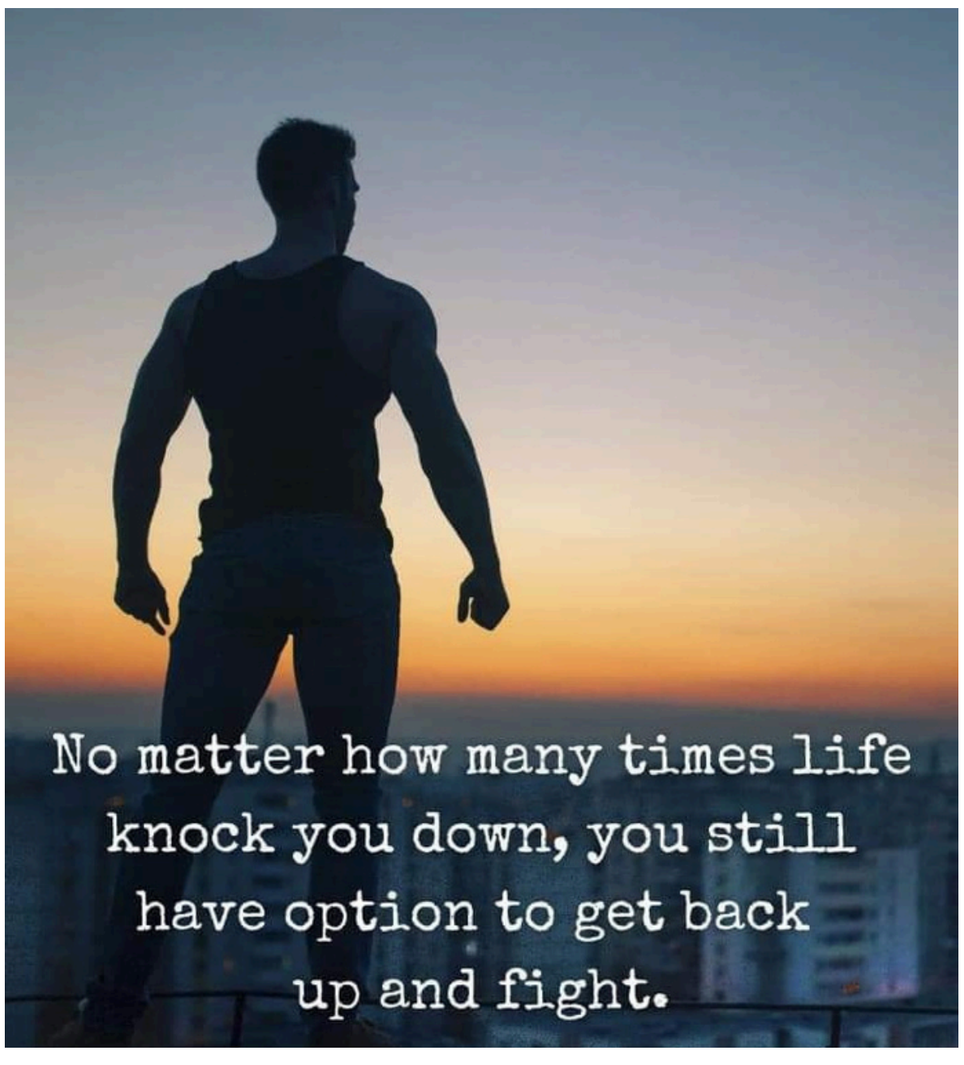
BOOK RECOMMENDATION :

'THE GIFT OF FORGIVENESS'



'The Gift of Forgiveness' ,Katherine Pratt explores the complexities of forgiveness through personal stories and insights from various individuals. The book emphasizes that forgiveness is not about forgettinghurtful acts, but rather about freeing oneself from pain and resentment. Key lessons include recognising that forgiveness is an act of self-love, a process rather than a single event, and a conscious choice rather than a feeling. The book also highlights the importance of self-forgiveness, patience, and compassion in the forgiveness journey. Ultimately, the book shows that forgiveness has the power to bring peace and freedom, and that it's a unique and valid experience for everyone.

THOUGHT OF THE DAY



WORD

lotus-eater

noun [**loh**-tuh s-ee-ter]

a person who leads a life of dreamy, indolent ease, indifferent to the busy world; daydreamer.

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SATURDAY 18 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 1

BCM SCHOOL, DUGRI HOSTED

BCM TECH FEST 2025

IN COLLABORATION WITH

LOVELY PROFESSIONAL UNIVERSITY









BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

* The BCM Edge *

SATURDAY 18 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 2



BCM School, Basant Avenue, Dugri, organized the BCM Tech Fest 2025 in collaboration with Lovely Professional University. Held with the festive spirit of Diwali, the event provided a platform for students of classes VI-VIII to blend technology with tradition, offering them an inspiring opportunity to express their skills and imagination.

The fest featured four dynamic categories - Style Spectrum by Fashion,Table Etiquettes, Rangoli Making and Photography challenge - expertly guided by renowned professionals from Lovely Professional University, including Ms. Monika, Mrs. Richa, Mr. Sudhansh Bhushan, Ms. Navneet Kaur Rai, and Mr. Niwit Pauly, who mentored students to showcase their exceptional talents.

The campus was filled with excitement and enthusiasm as students participated wholeheartedly, displaying creativity, teamwork, and confidence. The students' creative ideas left the judges impressed and amazed, showcasing their talent and innovative thinking. Students who delivered impressive performances were encouraged with prizes, recognizing their hard work and creativity.

The Tech Fest was a wonderful blend of creativity and learning. It encouraged students to explore their potential while celebrating the festive spirit with enthusiasm and innovation.

BCM SCHOOL
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RANGOLI CREATIONS BRIGHTENED
BCM SCHOOL'S DIWALI CELEBRATION







BCM School, Basant Avenue, Dugri Road, Ludhiana, resonated with festive cheer as students celebrated Diwali—the festival of lights—with warmth and creativity. A Permanent Rangoli Making Competition for Class IX added a vibrant touch to the celebration. The young artists poured their imagination into intricate designs, blending tradition with innovation. Each rangoli reflected the essence of Diwali—triumph of good over evil and light over darkness. The dazzling hues and patterns not only adorned the school premises but also filled the atmosphere with positivity, unity, and the spirit of cultural pride.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

* The BCM Edge *

SATURDAY 18 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 4

STAY SMART, STAY SAFE:
THE NEED FOR CYBER AWARENESS



ARCHANA MALHOTRA
PGT

In today's connected world, the internet has become our constant companion. It helps us learn, create, communicate, and explore — all from the comfort of our screens. But as our digital presence grows, so do the risks that come with it. Cyber safety is no longer optional; it is a life skill every individual must learn.

Cyber threats are not always visible. A single careless click can lead to identity theft, data loss, or even emotional harm. Hackers and scammers often disguise themselves as friendly strangers, fake websites, or free offers. That's why it's essential to stay alert and informed.

Simple habits can go a long way in protecting us — using strong passwords, logging out of public devices, ignoring suspicious messages, and never sharing personal details online. Students, especially, must remember that the internet never forgets. What we post today may remain online forever, shaping how others see us tomorrow. Respecting privacy, avoiding cyberbullying, and verifying facts before sharing are as important as any lesson taught in school.

Parents, too, play a vital role. Open conversations about safe internet use, setting screen time limits, and guiding children on responsible behavior online help build trust and awareness at home.

Cyber safety is not about fear; it's about empowerment. When we understand the digital world, we can use it wisely and confidently. Let's pledge to be responsible netizens — aware, respectful, and cautious — because a safer internet begins with each one of us.

Check your digital footprint, and let's work together to create a safer online community.

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ALUMNI CONNECT

CA Pardeep Grover



Works at ICICI Bank Limited Delhi NCR
Designation - Senior Deputy Manager
Year of pass out - 2013 commerce Batch
Awarded as Top performer for F. Y 24-25

We are proud to announce that our esteemed alumnus, CA Pardeep Grover, has been recognized as a top performer at ICICI Bank Limited, Delhi NCR. Currently working as a Senior Deputy Manager, Pardeep has demonstrated exceptional skills and dedication in his role. A proud member of the Commerce Batch of 2013, Pardeep's journey from our school to a prestigious institution like ICICI Bank is truly inspiring. His achievement is a testament to his hard work and commitment to excellence.

We congratulate CA Pardeep Grover on being awarded as a Top Performer for F.Y 24-25 and wish him continued success in his career. His accomplishments serve as a motivation for our current students, showcasing the potential and opportunities that can be achieved with determination and perseverance.

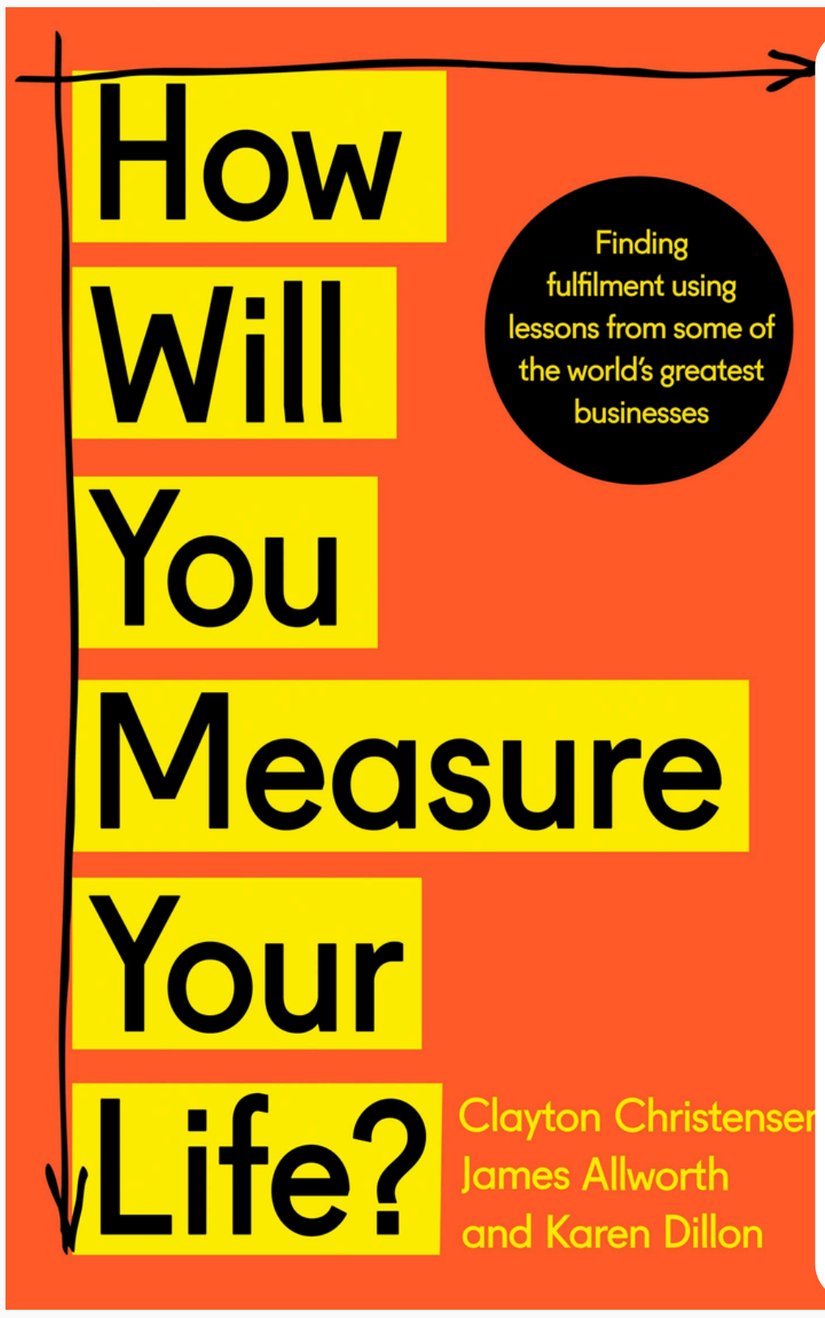
BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

* The BCM Edge *

SATURDAY 18 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 6

BOOK RECOMMENDATION :

'HOW WILL YOU MEASURE YOUR LIFE?'



'How Will You Measure Your Life?' M. Christensen, James Allworth, and Karen Dillon offers profound insights on living intentionally and finding true happiness. The book provides 10 key lessons, including defining personal success, allocating resources wisely, finding purpose in work, building strong relationships, and embracing a growth mindset. By applying business principles to personal life, readers can create a life plan that aligns with their core values and priorities. The book encourages readers to measure life not by external standards, but by the quality of love, work, and impact.

THOUGHT OF THE DAY

Keep your thoughts positive because your thought become your words.

Mahatma Gandhi

WORD

Minerva

noun [mi-**nur**-vuh]

a woman of great wisdom.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

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SATURDAY 18 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 6

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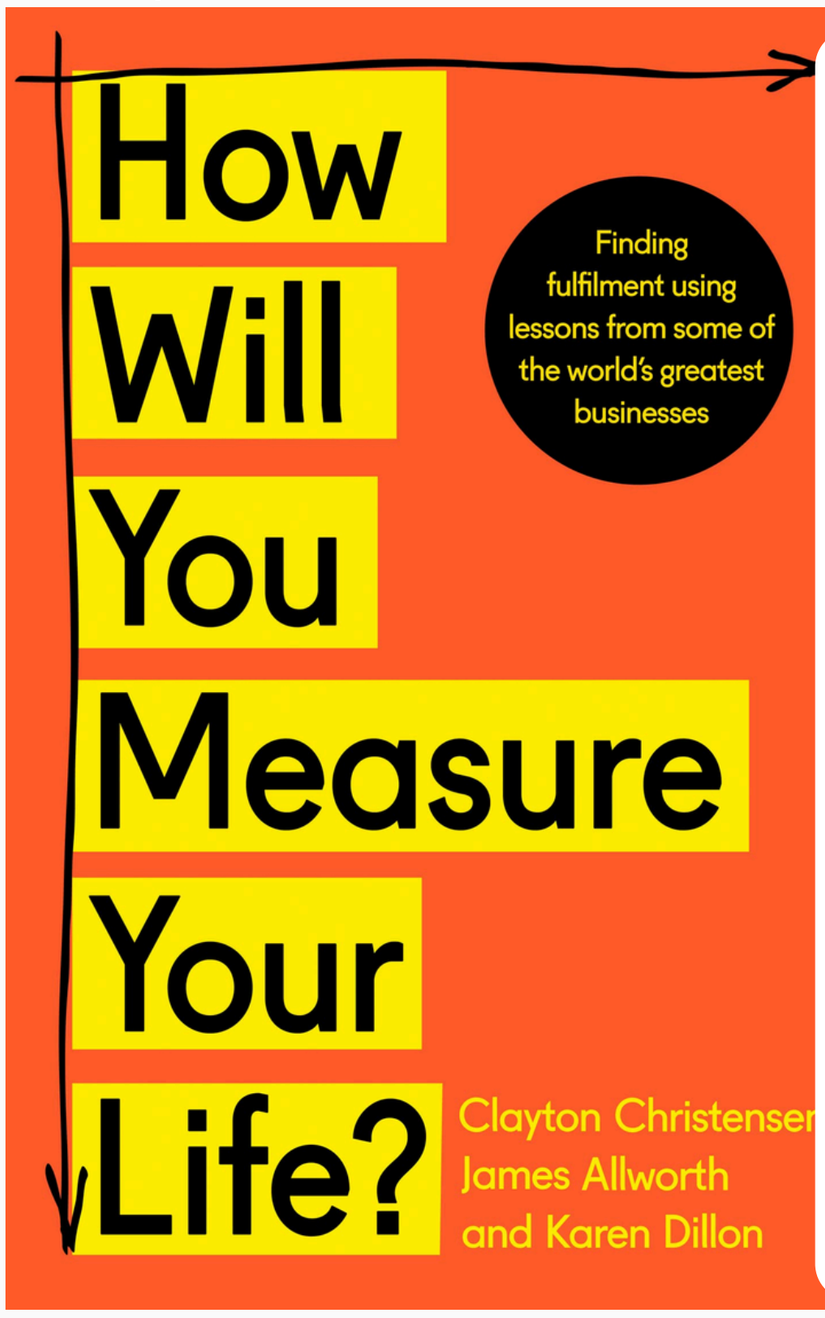

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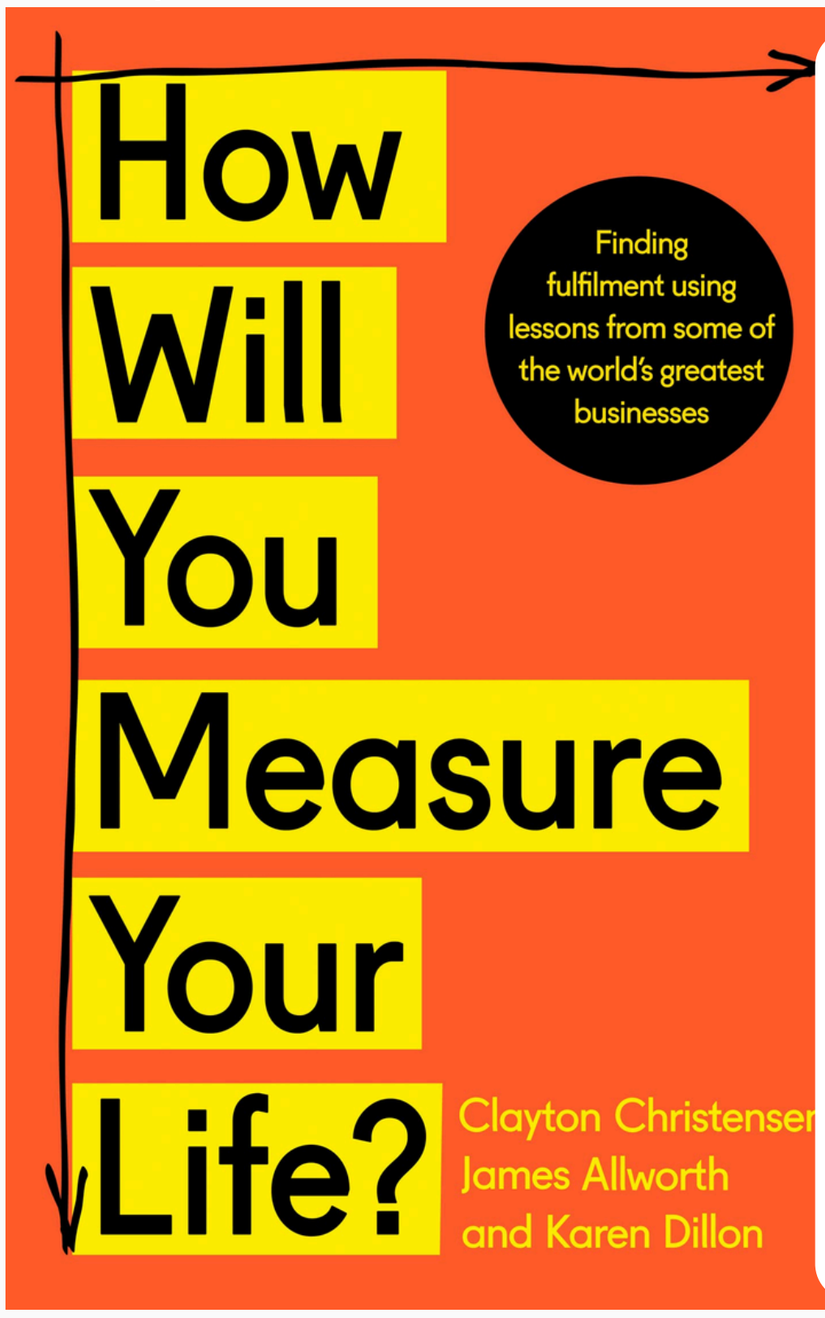

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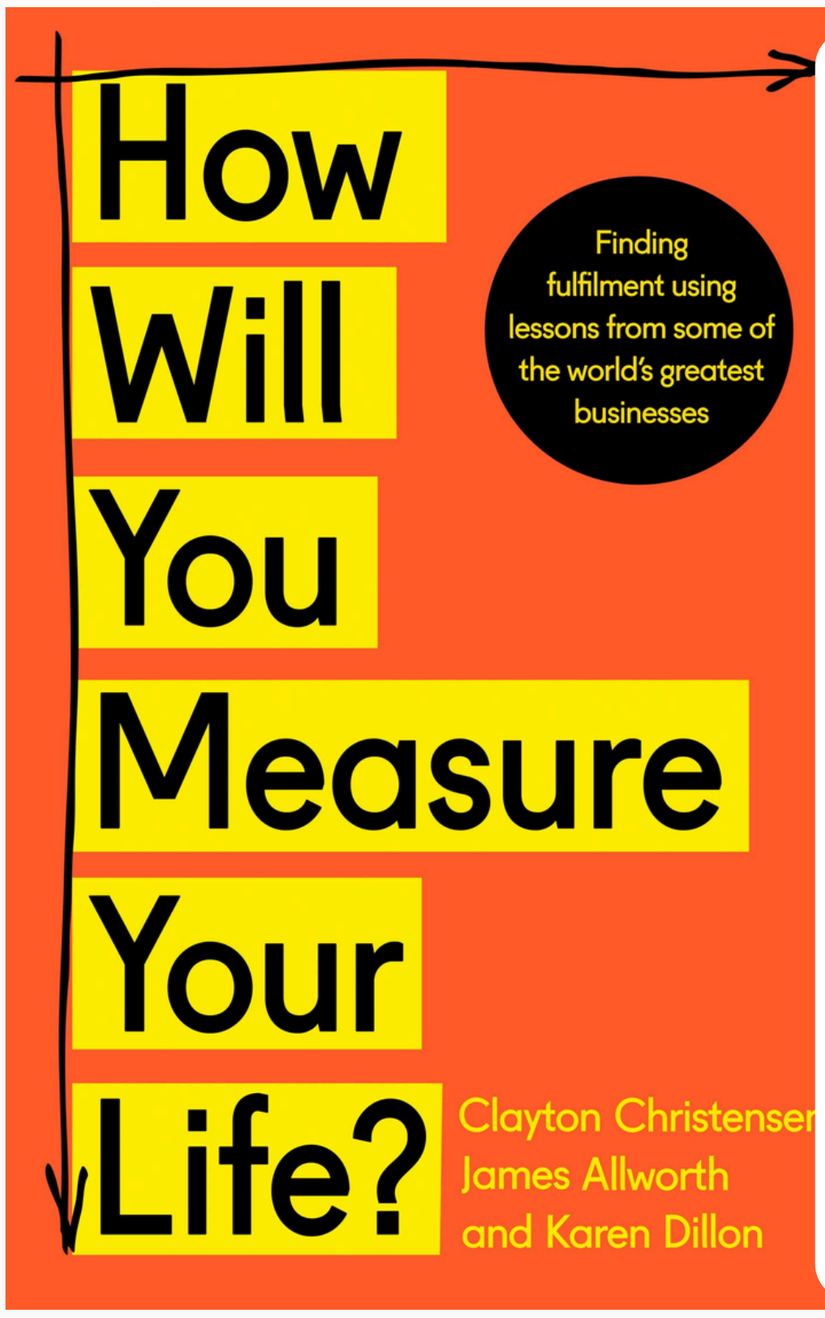

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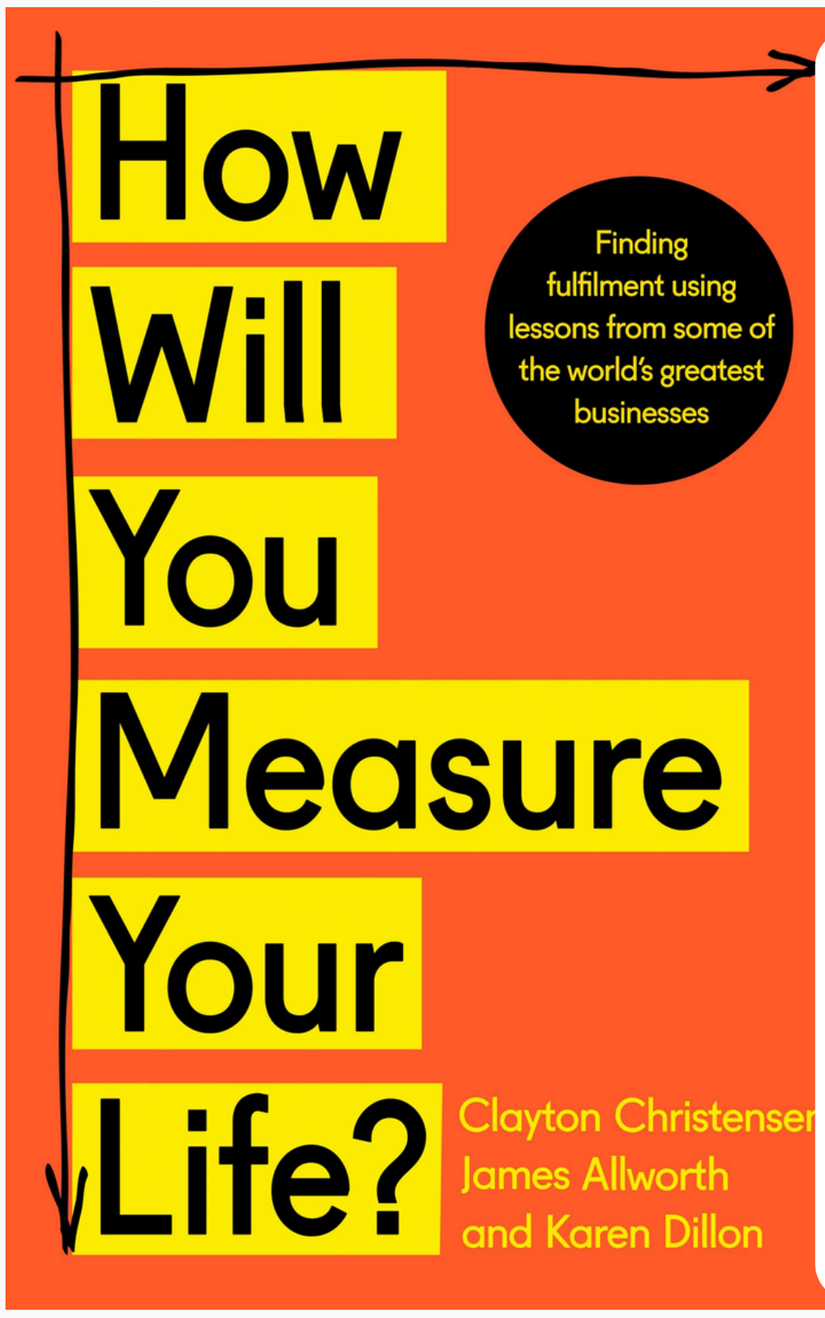

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THURSDAY 24 OCTOBER,2025 LEAD360 - EXPLORE, EXPRESS, EXCEL PAGE 1

VIBRANZA 2025 – A KALEIDOSCOPE OF JOY AND CULTURE









BCM Kindergarten,hosted its Annual Function "VIBRANZA 2025," opening with the traditional lamp-lighting and a soulful Shiv Stuti that invoked Lord Shiva's blessings. Throughout the day, young BCMites dazzled audience with mesmerising dance performances, a patriotic tableau "Sindoor – Bharat Ka Gaurav," lively Blended Beats and Qawwali sets, the heart-warming tribute "Grand-Times Together" honouring grandparents, an energetic sports showcase, and a show-stopping, electrifying dance by star performer Saksham Sharma, culminating in a thunderous Bhangra Blast that echoed Punjabi vigour. Chief Guest Ms. Ashmeet Oberoi and Mr. Gurshminder Singh Jagpal praised the students for their poised, captivating stage presence and confident, expressive delivery, while Executive Director Dr. Prem Kumar lauded the children for their marvelous achievements, noting that the annual function is "not just a ceremony; it's a testament to growth, learning, and celebration of every milestone." The celebration closed with the National Anthem, resonating with hope and joy.

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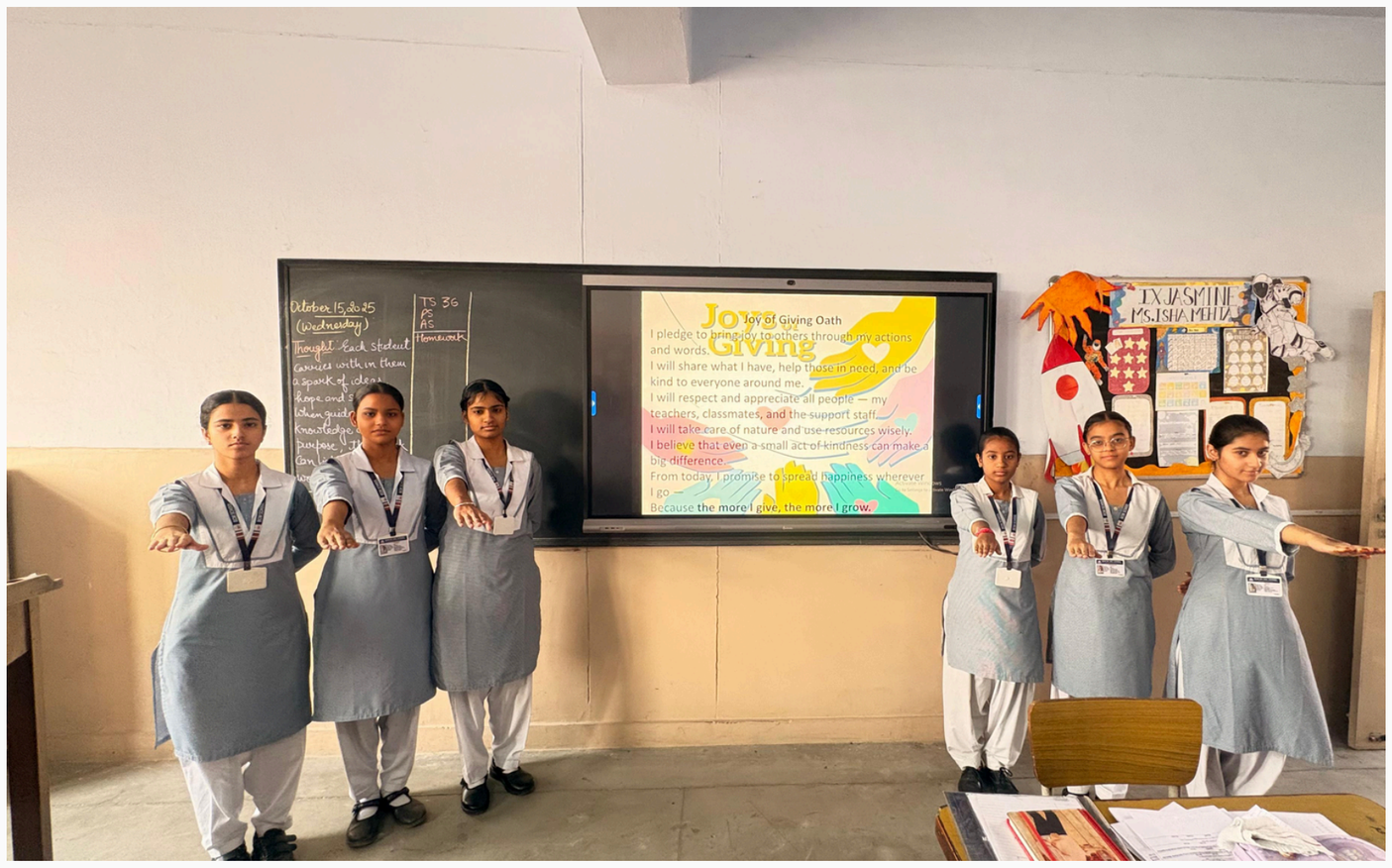
'JOY OF GIVING'– SPREADING SMILES BEYOND THE CLASSROOM









'The Joy of Giving' was celebrated with great enthusiasm and compassion. The young BCMites participated in a heartfelt Card-Making Activity where they created beautiful, handmade cards filled with thoughtful messages, and words of kindness reflecting the true essence of happiness and generosity. Additionally, students of class IX took the Giving Oath, pledging to extend a helping hand and share what they could — be it time, smiles, or small gifts. The powerful message, 'Compassion makes our world brighter', resonated deeply with everyone.The celebration beautifully reminded students that true joy lies not in receiving but in giving, making the world a kinder and happier place for all.

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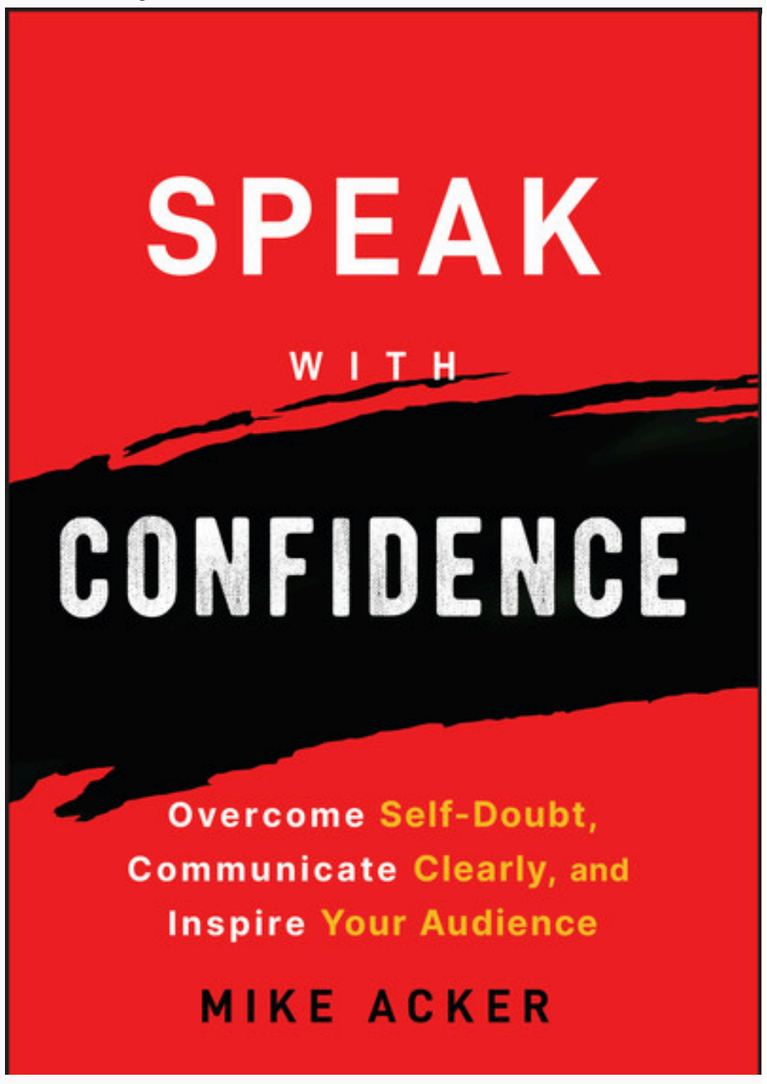
BOOK RECOMMENDATION :

'SPEAK WITH CONFIDENCE'



'Speak with Confidence' by Mike Acker is a valuable resource for building confidence in public speaking. The book emphasizes that confidence can be developed through practice, self-reflection, and mindset shifts, rather than being an innate trait. Key takeaways include the importance of internal confidence, focusing on mindset over mechanics, and practical strategies like visualization and breathing techniques. The book also highlights the significance of authenticity, noting that confidence isn't about perfection but about being present and genuine. With its engaging writing style and actionable steps,this is a highly recommended book for anyone looking to improve their public speaking skills and become a more confident communicator.

STUDENTS CORNER

Books give wings to thoughts that fly,
Games give strength to reach the sky.
Both together make us grow,
Mind and body — a perfect glow.
Study hard, but don't forget,
To play outside, break a sweat.

Lessons learned in class each day,
Shine brighter when you run and play.
Balance both, and you will find,
A sharper body, wiser mind.
For life's a game — a test, a race,
Learn and play at your own pace.



Japnoor Kaur
VIII Marigold

BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

* The BCM Edge *

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GRAB THE TOWER ACTIVITY



To enhance alertness, coordination and motor skills, an exciting game "Grab the Tower" was organised for the Kindergarten students. Children sat in a big circle with a colourful object placed at the centre. Two students were selected to run around the circle while the music played. The moment the music stopped, the runners quickly rushed inside the circle, trying to grab the object before the other. The child who picked it first was declared the winner.

The activity filled the environment with laughter, thrill and joyful energy. It helped children improve speed, presence of mind, body coordination and sportsman spirit, while enjoying fun-filled playtime with their friends. The little ones thoroughly enjoyed the game and participated with great enthusiasm.

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ALUMNI

LITERARY CONTRIBUTION - BY ALUMNI

ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ

ਗੁਰ ਆਖੀ, ਪ੍ਰਭ ਕੀ ਅਕੱਥ ਸਾਖੀ।
ਸੁਣ ਸਾਖੀ ,ਗੁਰਸਿੱਖਾ ਮਨ ਲਾਖੀ।
ਮਨ ਲਾਖੀ ,ਜਨ ਦੁਰਮਤਿ ਤਿਆਗੀ।
ਦੁਰਮਤਿ ਤਿਆਗੀ, ਨਾਮਾ ਰੁਣ- ਝੁਣ ਲਾਗੀ।
ਰੁਣ- ਝੁਣ ਲਾਗੀ, ਚੜ੍ਹੀ ਰੁੱਤ ਸੁਭਾਗੀ।
ਚੜ੍ਹੀ ਰੁੱਤ ਸੁਭਾਗੀ ,ਸਹਜ ਅਵਸਥਾ ਜਾਗੀ।
ਸਹਜ ਅਵਸਥਾ ਜਾਗੀ, ਦੁਖ ਦਾਰਿਦ੍ ਭਾਗੀ।
ਦੁਖ ਦਾਰਿਦ੍ ਭਾਗੀ, ਹਉ ਪਏ ਅਚਿੰਤ ਵਡਭਾਗੀ।
ਪਏ ਅਚਿੰਤ ਵਡਭਾਗੀ, ਮਿਲਿਆ ਪ੍ਰਭ ਰਤਨਾਗੀ।
ਪ੍ਰਭ ਰਤਨਾਗੀ ਕਰਤ ਜਸਮੀਤ ਦਾਸ ਕੀ ਰਾਖੀ।



Jasmeet Singh 2019-20
(Year of pass out - 2020 Commerce Stream)

STUDENTS CORNER

If you want to be in good mood
Then always eat healthy food.
If you want to eat something yummy
Then put some salad in your tummy.
French fries are made by frying a potato
To become healthy please eat a tomato.



Gurvansh Singh
Vll Marigold

If you want to be in good mood
Then always eat healthy food.
Healthy includes everything nice
Like a bowl of rice.
Corns are tasty and healthy
If you'll be healthy then you can become wealthy.
If you want to be in good mood
Then always eat healthy food.

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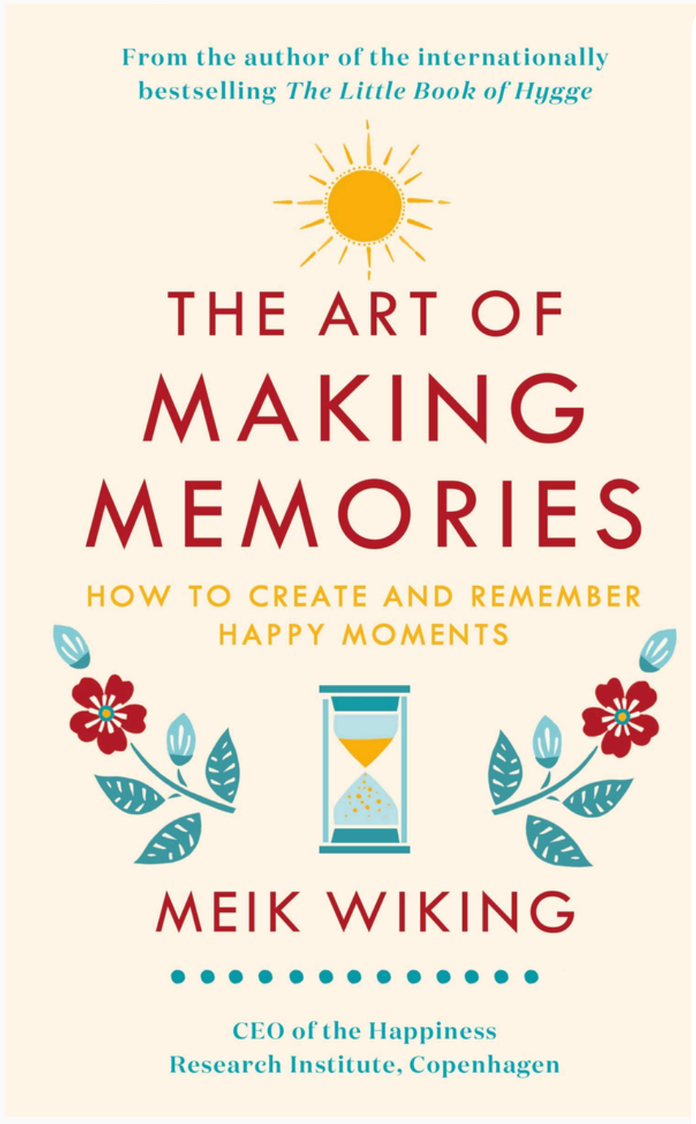
BOOK RECOMMENDATION :

'THE ART OF MAKING MEMORIES'

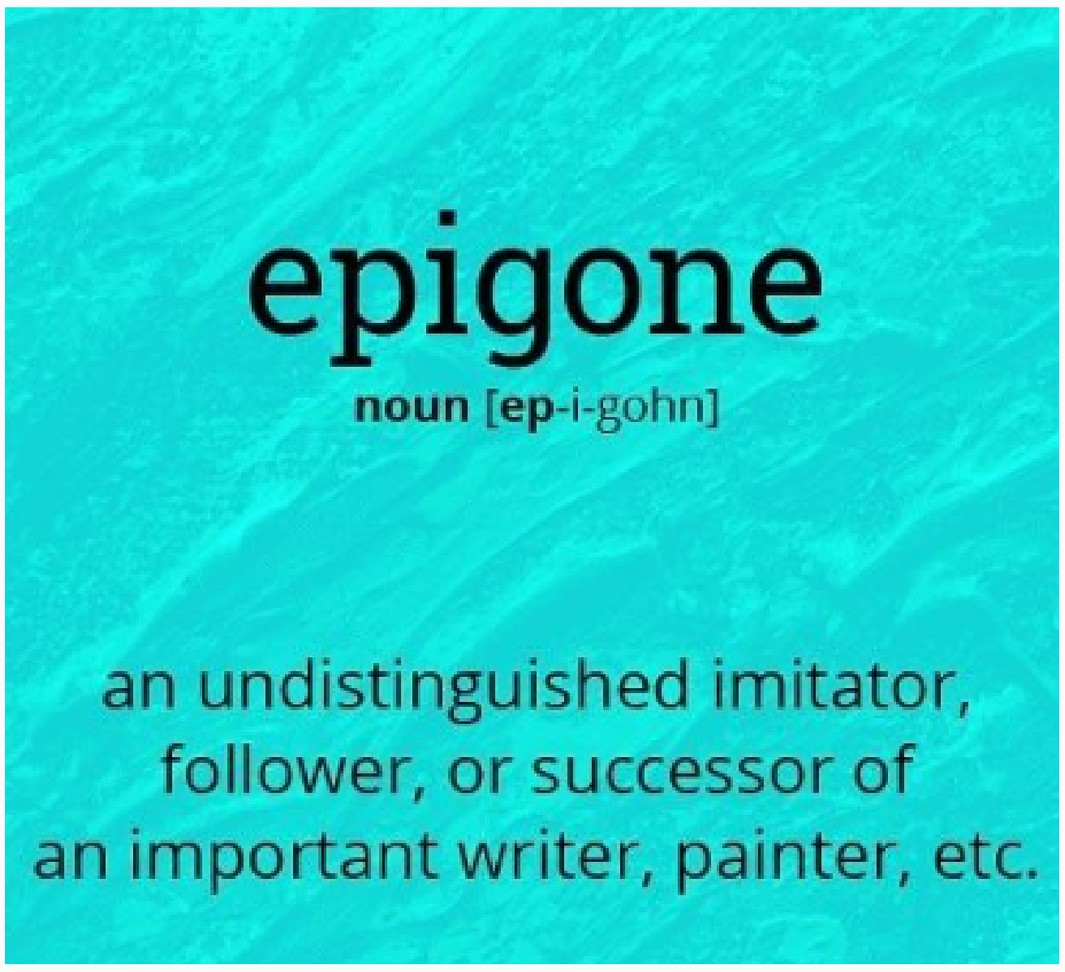


'The Art of Making Memories' by Meik Wiking is a thought-provoking book that offers a refreshing perspective on how to live a more intentional and meaningful life. Wiking, known for introducing the concept of hygge, presents a compelling case for the importance of creating and cherishing memories. Through five transformative insights, he reveals how we can harness the power of memory to enhance our daily lives. From the significance of beginnings and endings to the impact of multisensory experiences, Wiking provides practical wisdom on how to make the most of our time. He emphasizes the importance of attention, storytelling, and anticipation in shaping our memories and experiences. This book is a gentle guide to living deliberately and cultivating a deeper appreciation for the present moment. With its engaging narrative and insightful advice, "The Art of Making Memories" is a must-read for anyone looking to live a more mindful, intentional, and fulfilling life.

THOUGHT OF THE DAY



WORD



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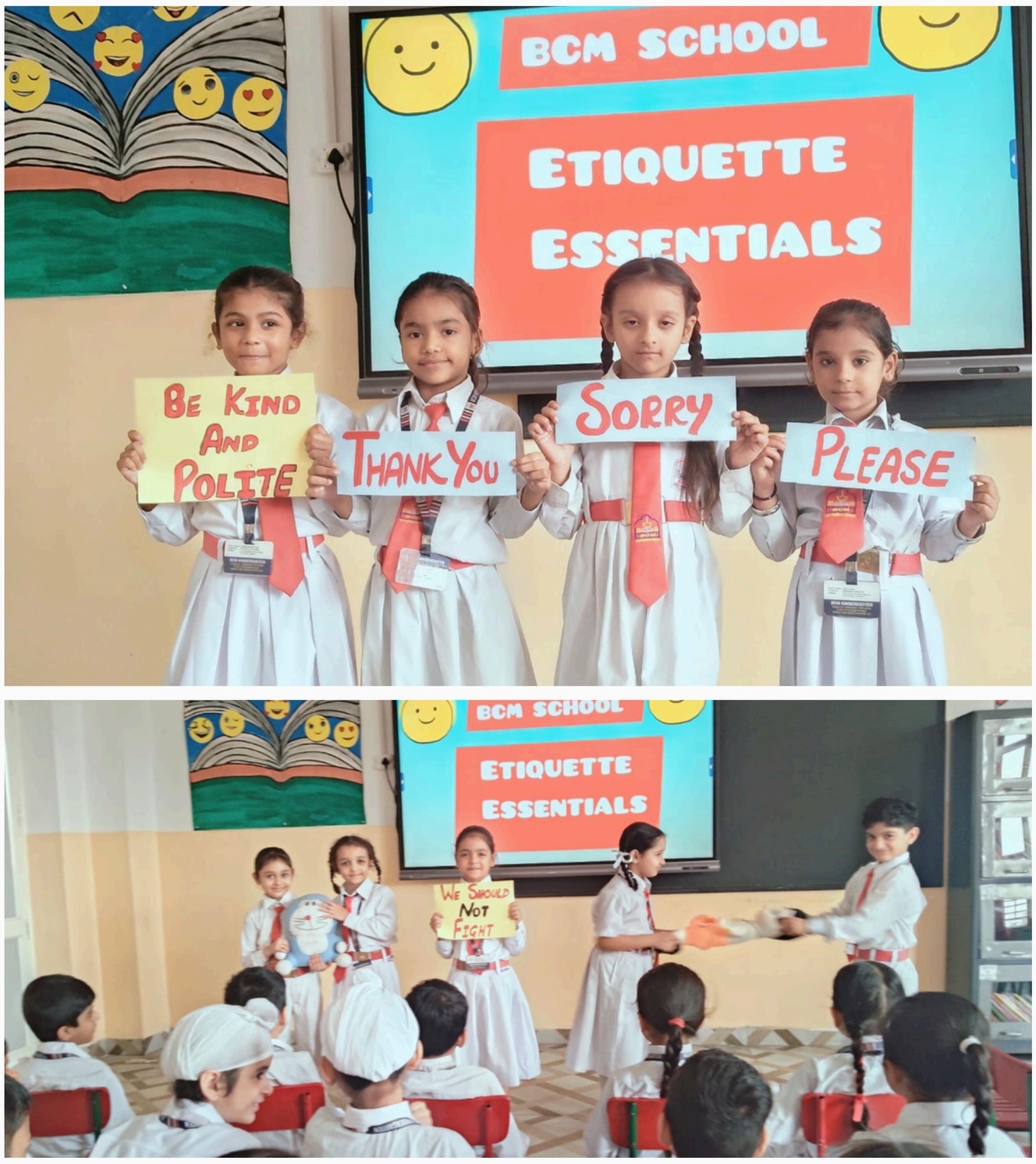
ETIQUETTES ESSENTIAL ACTIVITY
AT BCM KINDERGARTEN





BCM Kindergarten's "Etiquettes Essential" activity taught young learners the importance of good manners and responsible behavior through simple yet meaningful rules, such as throwing garbage in the dustbin, waiting patiently in queues, and being kind to everyone, including animals. Using stories, demonstrations, and role-play, teachers guided students to embrace values like saying "Sorry," "Please," and "Thank you." The children enthusiastically participated, promising to practice these habits at school, home, and in public, understanding that good manners create a clean, peaceful environment and shape them into responsible citizens.

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STORY FIESTA – A CREATIVE BLEND OF STORIES BY CLASS II



The imaginative students of Class II participated in an engaging storytelling activity titled "Story Fiesta." The event provided a wonderful platform for the young learners to express their creativity, confidence, and storytelling skills.

As part of the activity, children designed beautiful puppets and used them to narrate a variety of stories — from fairy tales and Panchatantra fables to mythological tales, Jataka stories, and the witty tales of Akbar-Birbal and Tenali Rama.

Their expressive narrations, colourful puppets, and moral-based stories filled the classroom with fun, imagination, and valuable lessons. This activity not only honed their speaking and presentation skills but also ignited a lifelong love for literature and creative expression.

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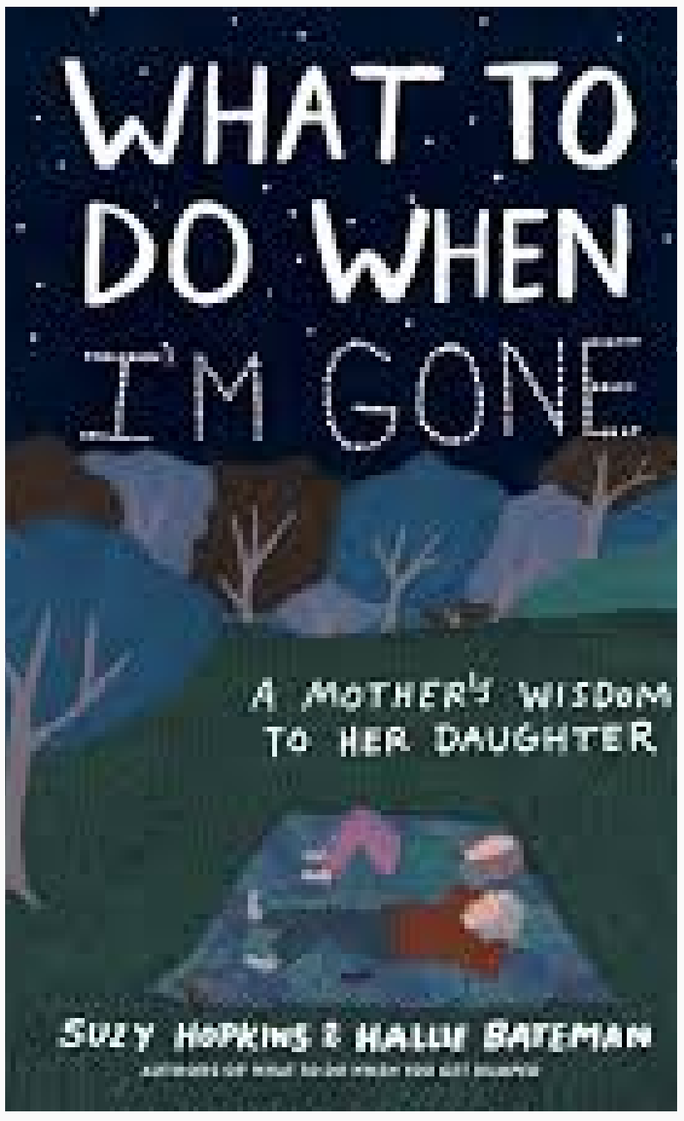
BOOK RECOMMENDATION :

'WHAT TO DO WHEN I'M GONE'

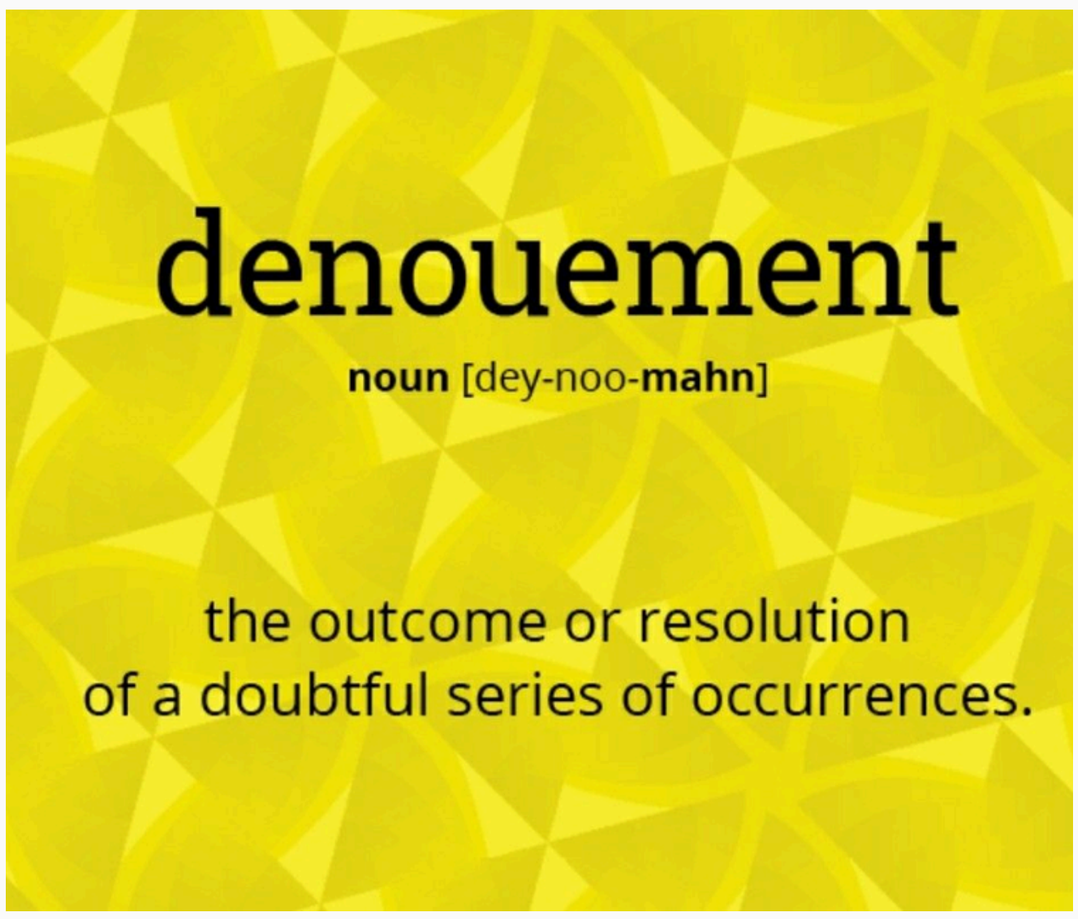


What to Do When I'm Gone flips the usual grief-guide script on its head, delivering a tender, witty love-letter-cum-instruction-manual penned by a mother for her daughter and illustrated with whimsical, raw sketches. Rather than a textbook, it feels like a living map that walks you from the first coffee of Day 1 through later-year milestones, sprinkling humor, honesty, and visual alchemy.Hopkins turns mundane tasks—getting out of bed, making coffee, folding laundry—into lifelines, showing how tiny rituals become sacred anchors when everything feels untethered. Bateman's illustrations (a resilient loaf of bread, a mother-daughter sketch) translate grief into a visual language the heart instantly grasps. The mother's candid flaws and self-deprecating jokes let readers grieve authentically, while the day-by-day, year-by-year structure mirrors how grief actually unfolds, offering companionship instead of forcing "stages." Between paperwork tips, recipes, and holiday advice runs a louder message: keep laughing, keep loving, keep choosing life. In short, the book transforms the dread of losing a parent into a celebration of love that lingers—in memories, flavors, and the echo of a guiding voice—making it a warm-hug-plus-practical-compass for anyone who's loved, lost, or fears loss.

THOUGHT OF THE DAY



WORD



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LEARNING THROUGH PLAY: NUMBER BOUNCE ACTIVITY



In LKG class, teachers creatively reinforced reverse counting through a fun-filled activity called Number Bounce, also known as Hopscotch. The teachers drew a hopscotch grid on the floor with numbers 10 to 0 in reverse order and had the students jump on each number, reciting them aloud. This engaging activity not only promoted physical development by enhancing gross motor skills but also supported cognitive skills through interactive learning. By combining movement with education, the students enjoyed the experience while grasping the concept of reverse counting. This fun cum learning approach made the lesson both entertaining and effective.

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BRUSHES DANCED, COLOURS SANG, AND CREATIVITY BLOOMED!







The corridors of the school turned into a canvas of imagination as students of primary wing enthusiastically participated in a Drawing & Painting Competition.

With the themes "Season of Delight" and "The Majesty of the Natural World," our budding artists poured their hearts into their artwork — blending colours, emotions, and ideas to create magical masterpieces.

From blooming flowers to chirping birds and dreamy skies, every painting reflected the children's love for nature and their joyful view of the world.

The competition not only showcased their artistic flair but also encouraged them to see beauty in every shade of life.

It was truly a day filled with creativity, inspiration, and colourful smiles all around!

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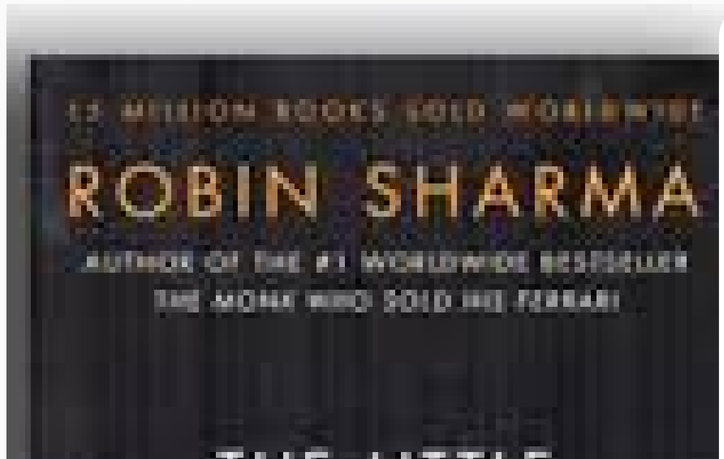
BOOK RECOMMENDATION :

"THE LITTLE BLACK BOOK FOR STUNNING SUCCESS"



"The Little Black Book for Stunning Success" by Robin Sharma is a transformative guide offering seven powerful lessons to reshape your perspective and inspire bold action. Sharma shares insights on living with intention, embracing routine, cultivating resilience, and surrounding yourself with positive influences, while emphasising the importance of gratitude, taking action, and seeking continuous learning. With practical advice and relatable stories, this audiobook provides a valuable resource for achieving dreams and living a fulfilling life through lessons such as living with intention, accepting the power of routine, cultivating resilience, finding your tribe, practicing gratitude, taking action, and seeking continuous learning.

THOUGHT OF THE DAY

DON'T WAIT TO BE INSPIRED
BY OTHERS...
GET UP OFF THE COUCH
AND INSPIRE
OTHERS WITH YOUR
OWN WORK!

WORD



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SOUND SCAVENGER HUNT









Nursery students were engaged in a Sound Scavenger activity designed to enhance their listening and observational skills. Teachers produced various sounds using everyday objects like a glass bowl and tumbler with a spoon, while students enthusiastically tried to identify them. A guess game was also organized, where students listened to different sounds and attempted to name the corresponding animal or bird. Additionally, audio aids were used to familiarize students with distinct sounds like ambulance and police sirens. The activity successfully enhanced the children's listening, speaking, understanding, observation, and social skills, with students showing great enthusiasm throughout.

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NURTURING VALUES
THROUGH CREATIVITY



To encourage moral values and artistic expressions among the students, an engaging activity on 'Good Habits' was organised for class IV students in the school campus. The classrooms were filled with excitement as children prepared colourful and informative charts showcasing the importance of following good habits in daily life.

The young learners beautifully displayed habits such as helping others, keeping the surroundings clean, respecting elders, speaking politely, and being punctual. Through this creative activity, they not only enhanced their presentation and communication skills but also understood the true value of discipline, kindness, and responsibility.

The corridors came alive with bright and inspiring charts, spreading a strong message of positivity and good conduct among all.

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"THE VENTURE VOYAGE"



MS JASPREET KAUR
PGT COMMERCE
(BUSINESS CLUB INCHARGE)

In the halls of ideas, bright and new,
Rises a club with a vision true.
Dreams take shape, minds take flight,
The Business Club of BCM School shines, a guiding light.

The Boardroom Battle — a battle of brains,
Where knowledge flows like golden chains.
Trading, marketing, strategies unfold,
Accounting tales of numbers told.

At the Campus Cart, students trade,
Learning how real deals are made.
Profit and planning, balance in view,
Commerce in action — lessons true.

The Hungry Bell sizzles with flair,
Teamwork and service fill the air.
Pricing, promotion — every bite,
A marketing story done just right.

Then comes the Legacy Connect,
Guiding stars from another place.
They share their journey, skill, and art,
Inspiring each mind and heart.

Each venture builds what books impart,
Blending theory with creative heart.
Exposure gained, skills refined,
Confidence and commerce intertwined.

So here's to the club where futures spark,
Where ambition ignites the dark —
The Enterprise Within, bold and true,
Creating leaders to shine.





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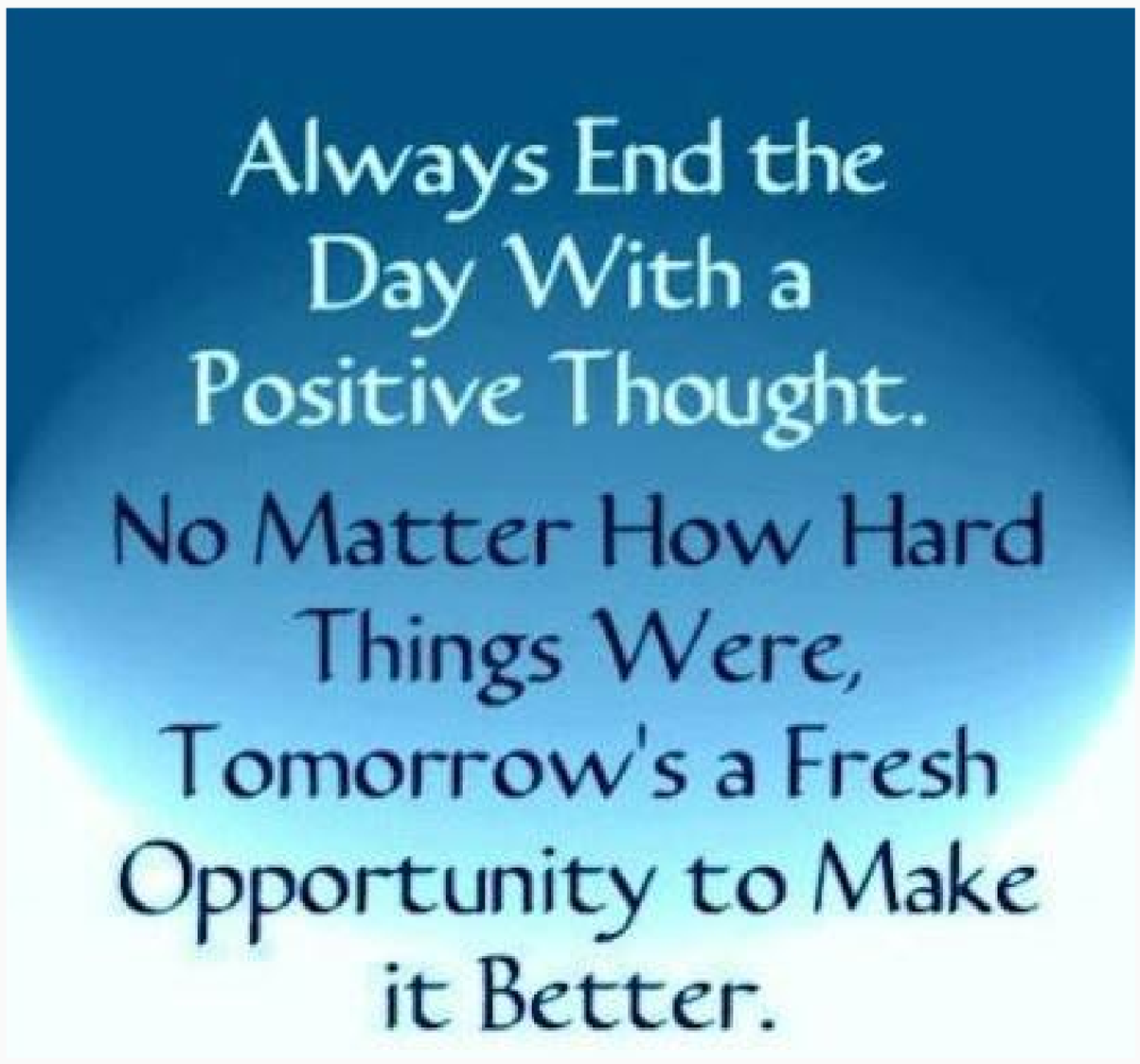
BOOK RECOMMENDATION :

'OUTSMARTING REALITY'

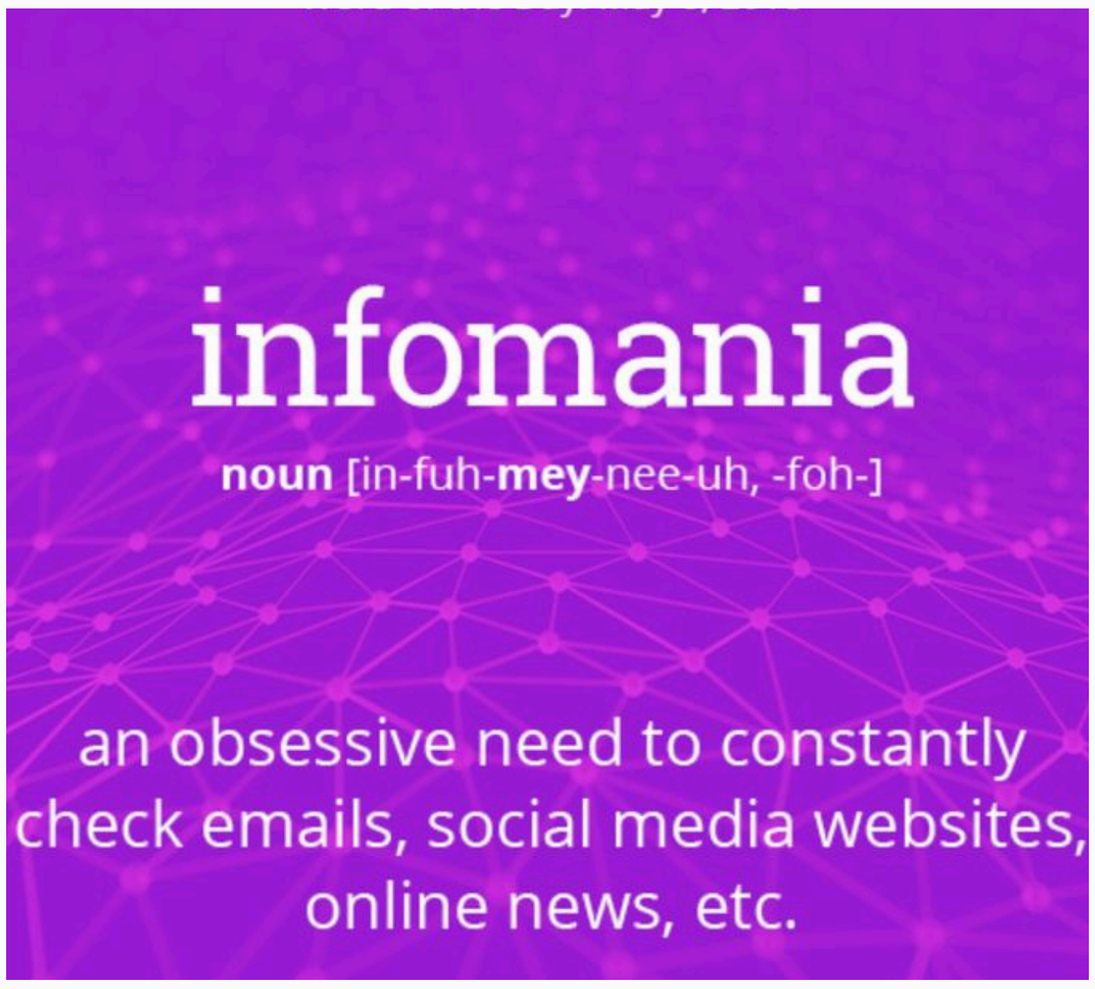


"Outsmarting Reality" by Nero Knowledge is a transformative audiobook that offers seven powerful lessons to reshape your perspective and inspire personal growth. Through his engaging and passionate delivery, Nero guides listeners through psychological paradigms, personal empowerment, and the human psyche. Key takeaways include accepting one's unique life narrative, recognising reality as a conscious choice, and identifying limiting beliefs that hold us back. The book also emphasizes the power of visualisation, the importance of genuine connections, and the significance of taking action over mere knowledge. Ultimately, Nero's insights on cultivating resilience encourage listeners to view obstacles as opportunities for growth, making this audiobook a valuable resource for anyone seeking personal transformation and self-improvement.

THOUGHT OF THE DAY



WORD



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DRISHTI SHARMA
FROM BCM SCHOOL, DUGRI EXCELLED AT NATIONAL AUTOMOBILE OLYMPIAD



We are thrilled to announce that Drishti Sharma(IX Jasmine) , a talented student of BCM School, Dugri, has been selected to represent school at the National Automobile Olympiad after emerging as a winner at Regional level. This prestigious event showcases exceptional skills and knowledge in the field of automotive technology.

Drishti's selection is a testament to her dedication, hard work, and passion for automobiles. We congratulate her on this remarkable achievement and wish her the best of luck for the National Level Olympiad.

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DELISHA SHINES AT LSSC RECITATION COMPETITION



Our school is proud to announce that Delisha(III Aster), participated in the Ludhiana Sahodaya Schools Complex (LSSC) Recitation Competition held at Indus World School and secured First Position in Category A. She recited with great passion and conviction on the topic **"प्रकृति"** (Nature), showcasing her exceptional recitation skills and confidence.

We congratulate Delisha on her outstanding achievement and commend her for representing our school with distinction.

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SESSION ON CYBER SAFETY AND SECURITY AT BCM SCHOOL DUGRI





In an era where technology drives every aspect of life, BCM School, Dugri organised an enlightening Session on Cyber Security and Safety for the students of Class VIII, recognizing the pivotal role technology plays in everyday life.

The session was conducted by Ms. Diksha Rajput, Assistant Professor, Department of Computer Science and Engineering, Lovely Professional University (LPU), who guided the students on the importance of being responsible and alert digital citizens.

Through real-life examples and interactive discussions, she highlighted the significance of cyber hygiene, safe online practices, and responsible social media usage. Students were sensitised about issues like cyberbullying, phishing, data privacy, and ways to safeguard personal information in the digital world.

The session empowered young learners to become cyber-smart and vigilant, promoting safe and responsible technology use. It reinforced the key takeaway:Being cyber smart is the best defence against cybercrime.

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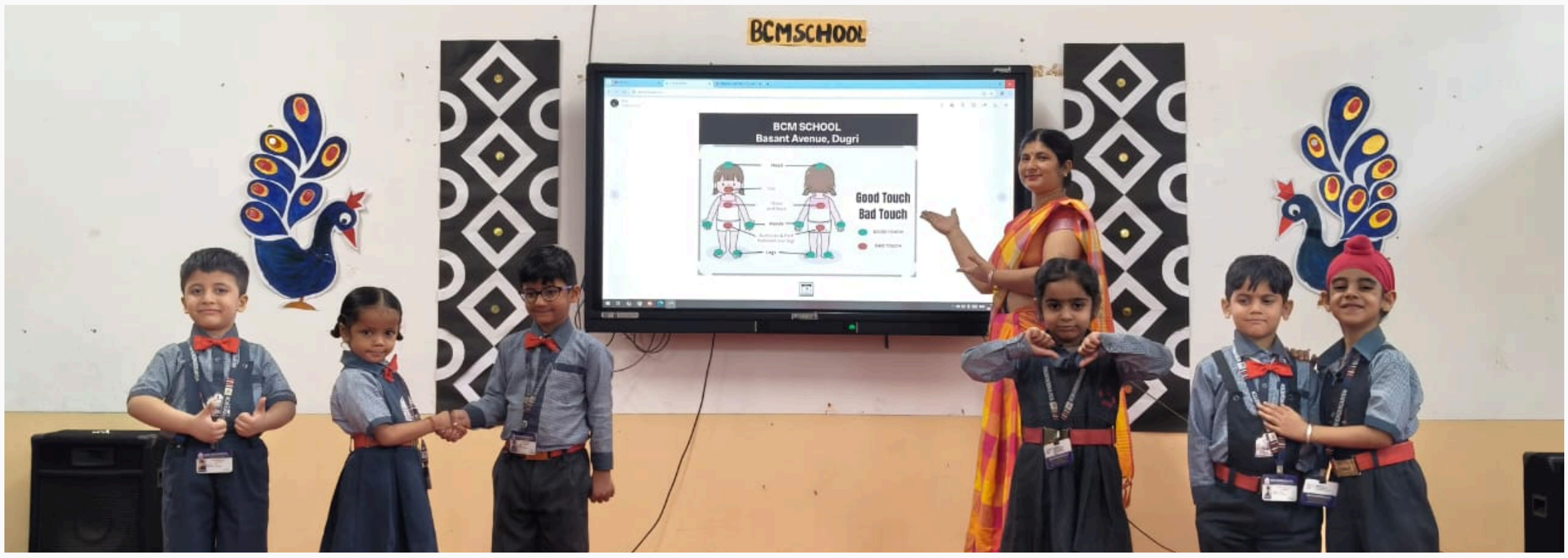
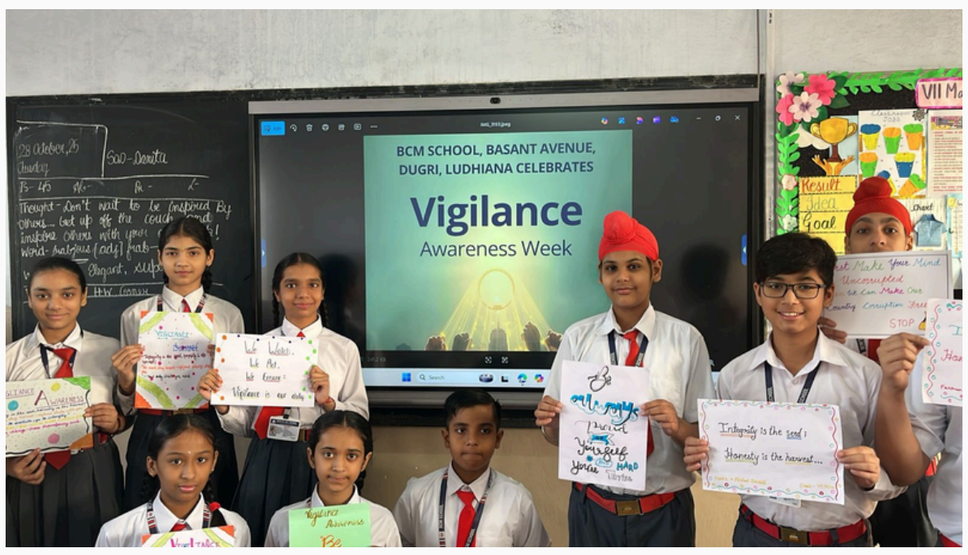
TEACHING BOUNDARIES: GOOD AND BAD TOUCH ACTIVITY



The LKG class students participated in an activity 'Good Touch, Bad Touch'. The session aimed to teach children about healthy boundaries and appropriate physical contact. A story was shown, illustrating the difference between good and bad touch in a way that was relatable and easy to understand. Teachers also used enactment to demonstrate good and bad touch, making the concept more engaging and accessible to the students. Through this activity, the children learned to differentiate between gentle, respectful touch and touch that makes them feel uncomfortable.

VIGILANCE AWARENESS WEEK CELEBRATION AT BCM SCHOOL DUGRI





As per the directives of the Central Board of Secondary Education (CBSE), BCM School is observing Vigilance Awareness Week from October 27th to November 2nd. As part of the initiative, students of grades IX-XII participated in a special session during zero period, where they watched a PPT on vigilance awareness.

The session aimed to educate students about the importance of integrity, transparency, and accountability in their personal and professional lives. The PPT covered key aspects of vigilance awareness, and highlighted feature of the day was pledge ceremony where students promised to uphold these values.

Our school is committed to fostering a culture of integrity and transparency, and this initiative is a step towards achieving that goal.

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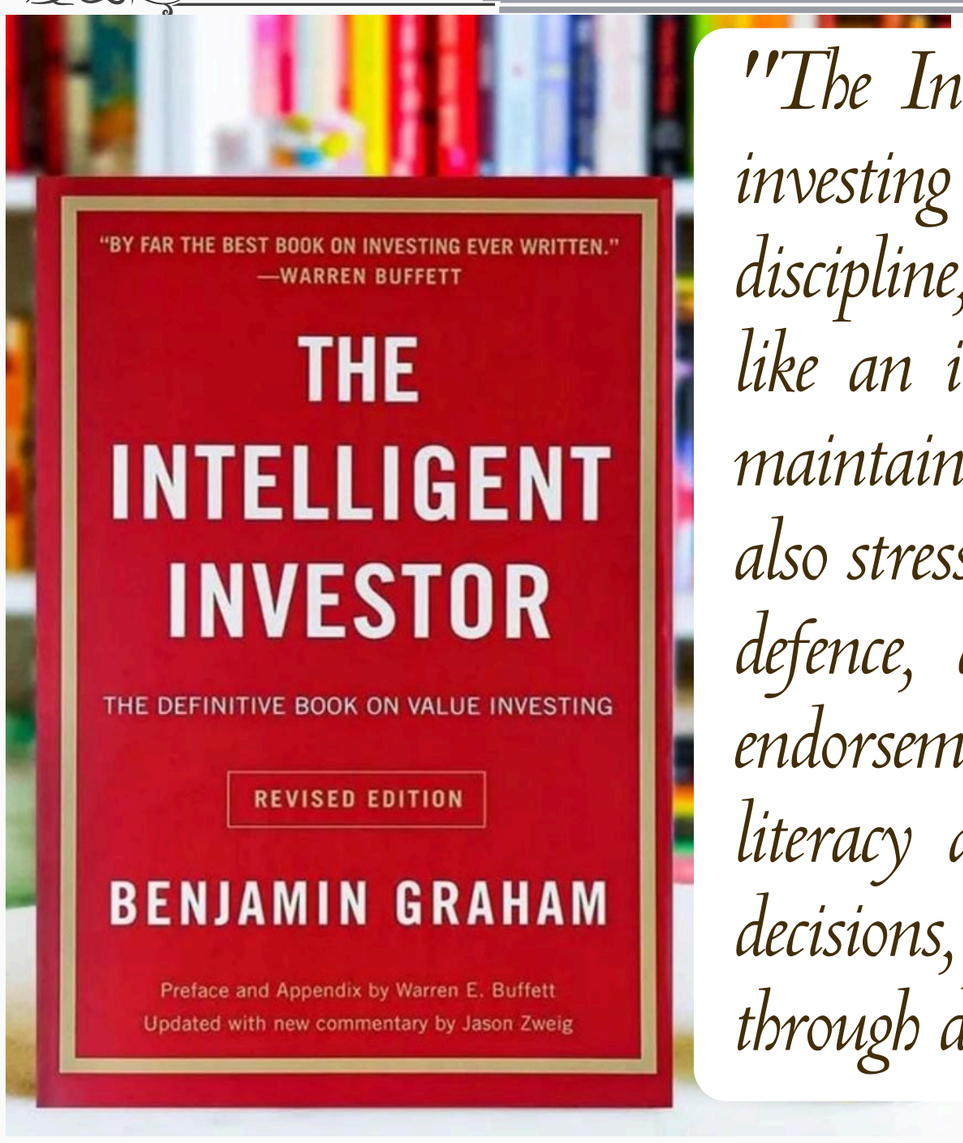
BOOK RECOMMENDATION :

"THE INTELLIGENT INVESTOR"



"The Intelligent Investor" by Benjamin Graham is a timeless investing guide emphasising rational decision-making, emotional discipline, and long-term thinking. Key lessons include thinking like an investor (not a speculator), focusing on intrinsic value, maintaining a margin of safety, and diversifying wisely. Graham also stresses treating decisions like ownership, balancing offence and defence, and investing in knowledge. With Warren Buffett's endorsement, this book is a must-read for achieving financial literacy and success. Its principles help readers make informed decisions, avoid emotional pitfalls, and build lasting wealth through disciplined investing and continuous learning.

THOUGHT OF THE DAY



WORD



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ECHOES OF EXCELLENCE

BCM DUGRI SHINES IN APEX 2025 AN INTER-SCHOOL MULTI-EVENT COMPETETION HELD AT GNE COLLEGE

I. Category Prompt Engineering -
Anhad Sharma
(Class X Daisy)
Secured - 2nd position.
Teacher incharge -
Ms. Hema Agarwal



2. Category - Web Wizards
Gurjot Singh & Charan Kamal
(Class X Daisy)
Secured 2nd position.
Teacher incharge-
Ms.Hema Agarwal and Ms.Rosy



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SPECIAL ASSEMBLY ON NATIONAL UNITY DAY AT KINDERGARTEN







The assembly commenced with a heartfelt tribute to Sardar Patel's pivotal role in shaping India's unity and integrity, setting a meaningful tone for the celebration. The young students confidently delivered speeches on the importance of unity and togetherness, followed by a beautiful poem recitation expressing love for our country and the strength of staying united as one nation. The highlight of the event was when all the students and teachers together took the National Unity Pledge, reaffirming their commitment to uphold the nation's integrity and harmony. The assembly concluded with a message encouraging everyone to work together with mutual respect and unity for a better and stronger India. The event was a wonderful opportunity for the young learners to understand the value of national integration and to express their patriotic feelings through speeches and poems.

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LAUGH WITH, NOT AT



MS. NAVNEET KAUR,
PGT SOCIOLOGY

They say laughter is the best medicine — and it truly is! A good laugh can melt stress, clear mental clutter, and make even a boring day bright. But there's one thing our generation needs to remember — how we laugh matters.

When we laugh with others, we create a positive circle — a vibe of belonging and warmth. The classroom feels lighter, friends feel closer, and even mistakes turn into moments of joy.

But when we laugh at someone, we create invisible walls. One person laughs, the other feels left out or hurt. That's not humor — that's ego in disguise.

The real coolness is in lifting people, not putting them down. If your joke makes everyone smile, you're spreading happiness. If it makes someone shrink, it's time to rethink your punchline.

So next time you crack a joke or share a meme, check your intention — are you spreading smiles or scars?

Let's build a world where laughter connects, not divides.
Because laughter with kindness is not just funny — it's healing.

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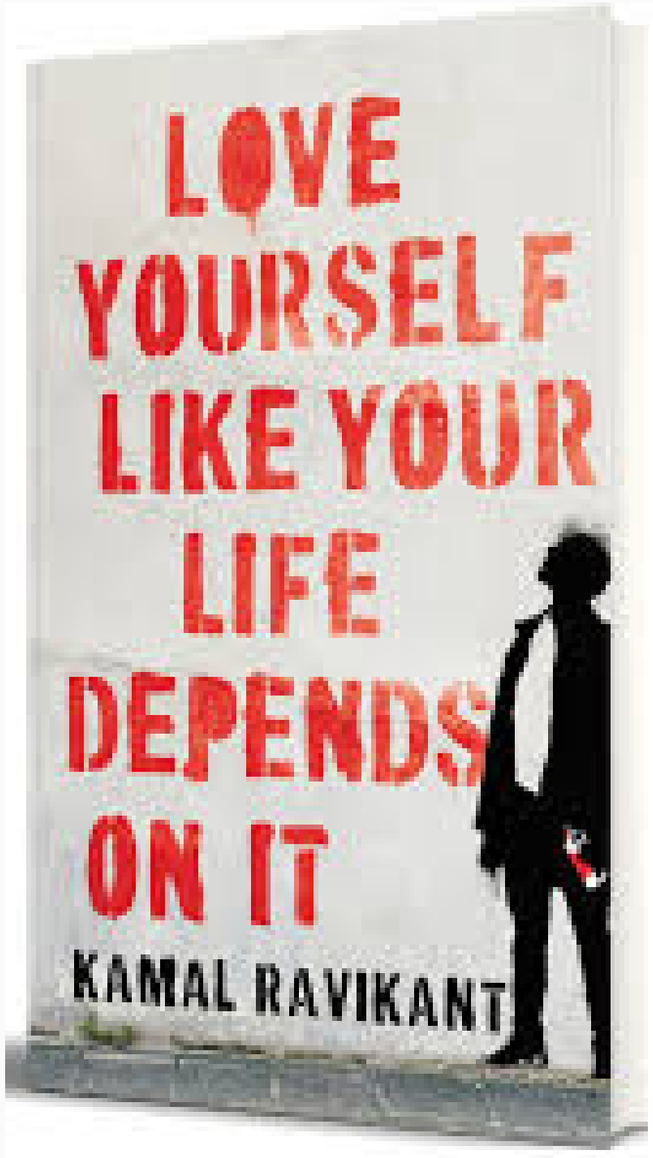
BOOK RECOMMENDATION :

'LOVE YOURSELF LIKE YOUR LIFE DEPENDS ON IT'



'Love Yourself Like Your Life Depends on It' by Kamal Ravikant is a powerful guide to cultivating radical self-love. The book shares Ravikant's personal journey of overcoming suffering through unconditional self-love, offering key takeaways such as self-love being a conscious choice, the importance of repetition, mindfulness of negative self-talk, and feeling the emotion of love. The book also highlights the significance of prioritising self-love, healing inner wounds, and the ripple effect of self-love on relationships and reality. By incorporating simple practices like meditation and reflection, individuals can connect with their inner selves and shape their reality through their thoughts. This book provides a direct and actionable approach to cultivating self-love, making it an essential read for those seeking a more joyful life.

THOUGHT OF THE DAY



WORD



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ECHOES OF EXCELLENCE

SHIVANSH KAPOOR WON BRONZE AT STATE LEVEL TABLE TENNIS TOURNAMENT

In a remarkable achievement, Shivansh Kapoor (IX Rose) has secured THIRD place in the State Level Table Tennis Tournament held at Pathankot. After impressing performance in the district trials, Shivansh demonstrated exceptional skill and teamwork, claiming the bronze medal amidst fierce competition.

We congratulate Shivansh on this outstanding achievement and wish him continued success in his future endeavors.



FUN AND LEARNING WITH SUPER MARIO



Our nursery class recently had an exciting Super Mario adventure, where students navigated through fun and challenging hurdles! The children developed problem-solving skills, learned to work together as a team, and used their imagination to overcome obstacles. They also discovered the joy of helping their friends along the way.

This engaging and interactive game was a wonderful way to learn new skills while having fun. The children had an absolute blast and strengthened their gross motor skills in the process.

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BIS CHANDIGARH ORGANIZED STANDARD CLUB ACTIVITIES AT BCM SCHOOL, DUGRI





The Bureau of Indian Standards (BIS), Chandigarh Branch Office conducted a series of Standard Club activities in the school premises.The programme included an Orientation Session by Mr. Foran Chand, Learning Science via Standards (LSVS), a Quiz Competition and a discussion on Standards Watch Episodes. A total of 48 students participated actively and enhanced their understanding of the importance of standards in everyday life.

In observance of World Standards Day 2025, activities were also held on the theme "Spotlight on SDG 17 – Partnerships for the Goals." Students and teachers took the Quality Pledge and discussed the significance of teamwork in achieving sustainable goals. Additionally, under Vigilance Awareness Week, students took the Integrity Pledge and were sensitized about the theme 'Vigilance – Our Shared Responsibility', emphasizing the collective role of individuals and institutions in promoting ethical conduct and preventing corruption for a more transparent society.

The session concluded with a Prize Distribution ceremony celebrating student participation and enthusiasm. The initiative reinforced the importance of quality consciousness, ethical conduct, and collective action toward sustainable development.

1st prize Avneet Kaur IX Tulip - Rs 1000
2nd prize - Anika IX Tulip - Rs750
3rd prize Jasleen Kaur Grewal IX Daisy - Rs 500
4th prize Charvi Kapoor IX Lily - Rs 250